JEEVADHARA

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PURUSARTHAS

Artha and Kama in the Traditions of India

K. Luke

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THE CHRISTIAN PURUSARTHAS:

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George M. Soares-Prabhu

Discussion Forum
Sebastiar. Athapilly

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JEEVADHARA The Problem of Man

PURUSARTHAS: MEANING AND GOALS
OF LIFE IN INDIAN TRADITIONS ____

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Themes for 1982

The following are the themes of subsequent issues:

March-April : Indian Biblical Hermeneutics

May-June : Jesus as Teacher

July-August : Towards an Indian Ecclesiology

September-October : Pilgrimage and Holy Places

November - December : Conflict Morality

Editorial

The pursuit of meaning is an important aspect of the search for fuller being. Just as no individual has the key to the fulness of being, no tradition or culture possesses in isolation all the secrets of the real and ultimate meaning of life. Also the meaning of life is not something that exists already in all clarity, but something to be created and organized from all that is given within the integral human situation.

This is the basic impetus behind the studies presented in this issue of Jeevadhara. It deals with the meaning and goals of human life as it has been understood and lived in the major traditions of India from time immemorial. The purusarthas form an integral part of Indian world view. They are enumerated either in the order of dharma, artha, kāma and mokṣa, or of kāma, artha, dharma and mokṣa. It is the latter order which is followed in our study. Kāma and artha are more immediate to the individual, and dharma comes in when the individual is related to the community as well as to the basic order of the universe of which he is a part. Mokṣa, however, points to the transcendental dimension of human life in its pursuit of kāma and artha and the other goals of life.

K. Luke introduces the study of the purusarthas by dealing with artha and $k\bar{a}ma$ as these are understood and accepted in the Vedic tradition and its cognate Iranian tradition of Zoroastrian inspiration. He points out that Zarathushtra preached the maintenance of life rather than renunciation. The same positive attitude towards life is also the legacy of the Indian traditions, especially with regard to $k\bar{a}ma$, the sexual urge. Luke's study brings to limelight how "the Hindu was able to have a holistic approach to sex, so that there was no dichotomy between the enjoyment of sex and the quest after union with the Absolute..."

J. Kattackal discusses summarily dharma and its place among the purusarthas. Searching for the "why" of practising dharma, the author arrives at the Upanisadic dictum: tat tvam asi (That thou art), which means to show that ultimately morality is based on reality, ethics on ontology.

Moksa, the ultimate goal, is dealt with by A. Koothottil within the framework of the Upanisadic world view. Pointing

out the metaphysical and sociological implications of the doctrine of moksa, he contents that it can "become a powerful gospel towards the realization of a just society in the world" which should be the ultimate goal of our collective striving.

These are the four goals of human life found in the ageold traditions of India. They seem to be mutually exclusive, but in the synthesizing spirit of India and in its holistic and positive approach to all the aspects of life, these have come to be harmonized. However, the complex traditions of Indian thought is not exhausted by the four purusarthas as far as the meaning and goals of life are concerned. There is for example the bhakti tradition which is very much alive and followed by a vast majority as the safest way to reach fulfilment. Subhash Anand presents bhakti as a meta-purusartha, in the sense that it is the most effective means to attain the four purusārthas.

If Subash Anand has attempted a blending of Indian traditions with diverse orientations, the article of George Soares-Prabhu takes this approach still further over to the Christian traditions. He tries to see what could be pointed out as the Christian purusarthas. Noting well the similarity between kāna-artha-dharma and the Christian religious vows, chastity-poverty-obedience, Soares points out that Jesus' attitude towards the earthly realities was more positive than that of the later traditions of Christianity, specially the monastic one. Any way the ultimate value of Christian life is love and the ultimate goal of human existence here and now is the creation of a more humane world.

The study of the four purusārthas of Indian traditions reveals the positive and wholesome attitude nurtured by the Indians towards life. Not that this was always the case in all the ramifications of Indian traditions. But as a whole, the Indian approach to life was less inhibited and did not stray too far away from the total human person, for whom the temporal pursuit such as the possession of wealth and the enjoyment of sex were equally inportant as his spiritual goal. In fact, when the whole human being is taken into account, the one is meaningless without the other and vice versa.

Besides the articles on the purusarthas, this issue of Jeevadhara carries also a discussion article.

Little Flower Seminary Alwaye, 683 101 Abraham Koothottil

Artha and Kama in the Traditions of India

Thinkers in ancient India, after prolonged reflection on the meaning and purpose of life, have propounded the doctrine of purusārtha-1, a doctrine that is quite well known to all readers. The sources at times make mention of trivarga-2, "the triad of aims", namely, artha-, "wealth", kāma-, "love", and dharma-, "righteousness", as the highest good here on

^{1.} This is a classical expression which literally means "any object of human striving, human effort", etc., and when used adverbially puruṣārtham conveys the nuance "for the sake of man, on account of man". Numerous treatises dealing with the goals of life have been drawn up in the course of time: e. g. Puruṣārthakaumudī, -cintāmanī -prabodha, and so forth. For details, cf. M. Monier-Williams, A Sanskrit-English Dictionary (repr., Oxford, 1970) p. 637; cf. too P. V. Kane, History of Dharmašāstra (5 vols. in 8 parts; Government Oriental Series, Poona, 1930-72) V/2 pp. 1510f., 1626-32. A good orientation into the general background of our question is given by H. Bechert-G. von Simson (ed), Einführung in die Indologie. Stand. Methoden. Aufgaben (Darmstadt, 1979) §§ 129-131 (pp. 174-81). J. D. M. Derret, Dharmašāstra and Related Ideas (Essays in Classical and Hindu Law 1, Leiden, 1976).

^{2.} We have here another classical expression; compare trayīmaya-, "intent on the three goals of life". The Mahā-bhārata (abbr. MB) invariably speaks of the three goals of life; we read in Sānti Parvan 167: "Dharma, artha and kāma should all be equally attended to... He is the best who attends to all the three"; We are told in the Anuśāsana Parvan 111: "Dharma, artha, kāma - these constitute the fruit of life". In this paper texts from the great epic are generally cited from the English version of K. M. Ganguli, The Mahabharata (12 vols., 4th ed., Delhi, 1980); for the passages quoted in this note, cf. Ganguli, MB VIII, p. 368, and MB XI, p. 226. Here and there we have slightly changed Ganguli's translation.

earth; mokṣa-³, "liberation, emancipation", is not included in the list, but it is not denied or called into doubt: being something of the other world, it is sharply distinguished from what has to do with life in this world. We shall, in this paper, try to single out some of the more salient ideas regarding wealth and love scattered here and there in the Hindu scriptures. The sacred writings furnish us with copious data, to do justice to which one will have to write a couple of monographs; the present study is therefore only suggestive and provisional.

I

The word artha-4 attests a rich variety of meanings:

1) aim, purpose; 5 2) cause motive, reason; 3) advantage use, utility; 6 4) thing, object, objects of sense; 5) the penis

5. There are the idiomatic expressions artham (e.g., Damayantyartham, "for the sake of Damayanti"), arthena, arthāya, and arthe, "for the sake of, on account of, on behalf of".

^{3.} This common word, occurring in the Brāhmaṇas (but not in the four Vedas) is created from the root muc- with the help of the formative - s-; compare the desiderative stem mokṣay-(mokṣayati) "to set free, deliver, draw out of", frequent in the classical language. On its formation, cf. A. Thumb-R. Hauschild, Handbuch des Sanskrit (11 vols., Indogermanische Bibliothek. I. Reihe: Lehr- und Handbücher, 3rd ed., Heidelberg, 1953-59) I/2 § 601 a (pp. 349f.); cf. too § 459 Anm. 1 (p. 232). The base muc-, "to release, let go, deliver from", which is part of the vocabulary of the first Veda (cf. H. Grassmann, Wörterbuch zum Rig-Veda [4th ed., Wiesbaden 1964] cols. 1047-50), is the Aryan variant of Indo-European (abbr. IE) (s) meuk-/(s) meug-, whose derivatives are too many to be listed here.

^{4.} The form just cited is the masculine one, which occurs in books 1-9 of the first Veda, but there is also the neuter one artham, used six times in book 10 along with the masculine (three times). For references, cf. Grassmann, op. cit., col. 114. In later literature the form that is exclusively employed is the masculine one.

^{6.} In this sense the word is used with $k\bar{a}ma$ and dharma- $(k\bar{a}m\bar{a}rtha$ -, $dharm\bar{a}rtha$ -) to denote the advantage one derives from the pursuit of these two goals of life: cf. J. Wackernagel-A. Debrunner, Altindische Grammatik (3 vols. in 4 parts, Göttingen, 1892-1957) II/2, § 71 (p. 166).

membrum virile;7 6) wealth, prosperity, money; 7) affair, concern, business; 8) lawsuit, action; 9) manner, kind; 10) sense, meaning, notion; 11) prohibition, prevention; 12) price.8 From the etymological point of view, artha- is a compound consisting of the base ar- and the suffix -tha- which is itself made up of -t- plus the laryngeal H and -a-; the laryngeal disappeared, and in compensation -t- came to be made aspirate.9 This is too complicated a matter to be discussed in this modest study, and so let us now see what ar-means.

Indo-Iranian ar- goes back to Indo-European er-, which originally meant "to set in motion, arouse, excite, stimulate" etc., nuances which are actually attested by the derivatives of the root in the historical languages of the Indo-European family10; compare, for example, Sanskrit rechati, "goes towards, attacks, reaches", etc., and rnoti (= Avestan aranaoiti, "arises, moves", etc., 11 Hittite arnuzi, "sets in motion", 12 and so on.

^{7.} Many a reader may not be aware that the three male organs (the penis and the testicles) were deified by the ancient Brahmans and offerings used to be made to them. According to the Satapatha Brāhmaņa (11:1:6:31), "The three afterofferings are the three male organs, and that which is the chief after-offering is, as it were, the chief organ"; cf. J. Eggeling, The Satapatha Brahmana 5 vols., (The Sacred Books of the East 12, 26, 41, 43, 44, repr., Delhi 1977) V. p. 19.

^{8.} Monier Williams, Sanskrit-English Dictionary, p. 90. We may also cite here the expression darartha-, "wife and wealth", occurring in the sources; cf. Wackernagel-Debrunner, op. cit. § 71 (p. 166).

^{9.} T. Burrow, The Sanskrit Language (The Great Languages, 2nd ed., London, 1965) p. 165 (where further examples are given); compare too Wackernagel-Debrunner, op. cit., § 534t (p. 719).

^{10.} J. Pokorny, Indogermanisches etymologisches Wörterbuch (2 vols., Bern, 1949 - 59) I, pp. 326-32 (cf. p. 327).

^{11.} C. Bartholomae, Altiranisches Wörterbuch (repr., Berlin, 1961) cols. 183f. M. Mayrhofer, Kurzge fasstes etymologisches Wörterbuch des Altindischen (3 vols., Indogermanische Bibliothek. II. Reihe: Wörterbücher, Heidelberg, 1953-75) I, pp. 119, 122.

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We wish also to note here that Avestan attests $ar\partial tha$ - (= artha-) and $anar\partial tha$ - (= anartha-), and the special meaning the former has in the Zoroastrian scriptures may be gathered from the following passages: "Take you heed of these $ar\partial th\bar{a}$ (goals) of mine, which I shall enact" (Yasna 33:8); "He (the Wise Lord) attended me with good thinking, in order that the $ar\partial th\bar{a}$ (goals) of my wish be known" (Yasna 43:13).\(^{13}\) Etymologically, therefore, artha- is striving, a movement towards a thing, goal or purpose, that which is striven after, and from this basic meaning are derived the various nuances listed in the previous paragraph. As one of the puruṣārthas, artha signifies wealth, riches, etc.

When we turn to the Rgveda (abbr. RV), the earliest record of ancient Aryan tradition, we find that the Aryans had a zest for life, a positive attitude towards the material world and the good things with which it abounds. 14 The blessings they were regularly praying for were long life, a large progeny, possession of as many cows and horses as possible, victory over foes, and the like; they desire to possess all this hundredfold, nay even thousandfold: "O Indu, 15 bring us wealth in steeds and cattle hundredfold; bring wealth, O Soma, thousandfold" (RV 9:67:6); "For you yourself, O Indu, god, to every mortal worshipper, attract riches thousandfold, made manifest in hundred forms" (RV 9:98:4). The pious man with whom Agni is pleased, "gains abundant wealth with sons and horses, with heroes, and with kine for his well-being" (RV 5:4:11).

^{12.} J. Friedrich, Hethitisches Wörterbuch (Indogermanische Bibliothek..., Heidelberg, 1952) p. 32 (where two other special meanings too are given).

^{13.} Cited (with slight modifications) from S. Insler, *The Gāthās of Zarathustra* (Acta Iranica, troisième sèrie, textes et mèmoires, vol. 1, Leiden, 1975).

^{14.} Luke, "Terrestrial Realities: the Tradition of the Aryans", Jeevadhara (1978) pp. 159-80.

^{15.} In Sanskrit indu- means both "moon" and "drop", and there is nothing unusual in a poet's personifying the soma drops and in visualizing them as the moon; a reference to the name Indra is not to be excluded.

In the original text corresponding to "wealth", there is the substantive rayi, 16 which is part of the favourite vocabulary of the poets of the first Veda; they employ other terms too such as dravina-, "property, good riches", and vasu-, "good, wealth, property". The first term, rayi- (also rai)17 is related to Latin res, 'thing, possession', and both the words presuppose the base reHi- (in the case of the verb reH-). Avestan attests the adjectival forms raevant- (= Sanskrit revant-), "rich, majestic", and raēvastēma-, "very rich".18 The next word, dravina- (neuter), corresponds to Avestan dravonah-, "portion one gets as inheritance", 19 and vasu (neuter) has as its cognates Hittite assu-20 Greek eus (also ēus), Avestan vohu, 21 etc., all these forms going back to Indo-European wes-22 "to be bright, lightsome, numinous", and hence also "to be good", and so on.

The tradition of the RV must be studied along with that of the Zoroastrian scriptures, the Avesta. The remarkable

I, pp. 1174f.

^{16.} Generally masculine, and occasionally also feminine.

^{17.} Grassmann, Wörterbuch zum Rig-Veda, cols. 1149f.

^{18.} Cf. too raēvas-cithra-, "of wealthy origin, of noble lineage" (Bartholomae Altiranisches Wörterbuch cols. 1484f.).

^{19.} Bartholomae, op.cit., cols. 769f. The etymology of this common Aryan term is not clear (Mayrhofer, Wörterbuch des Altindischen II, p. 74).

^{20.} Friedrich, Hethitisches Wörterbuch, p. 37. In Hittite our word is used as an adjective ("good, useful, beneficial, pleasing"), adverb ("well"), noun ("goodness, well-being, welfare, goods, possession" and exclamation ("hail").

^{21.} Two points are to be noted to understand this important Iranian term: first, s generally becomes h in Iranian (cf. asura- = ahura-); second, the vowel a, after labials which are immediately followed by a syllable containing u or o, becomes o (Sanskrit maksu- = Avestan mokshu-, "soon, quickly"). There are too other forms which are too complicated to explain here.

^{22.} Pokorny, Indogermanisches etymologisches Wörterbuch

thing about Zarathushtra,²³ the great prophet and reformer of Iran, is that "he suggests no renunciation, he preaches the maintenance of life",²⁴ for which wealth is absolutely necessary. The Zoroastrian point of view is best represented by Vidêvdāt 3:31-33 which purports to be the answer given by God to the question regarding the essence of the Zoroastrian religion.²⁵ This section is then, a revelation concering the very core of the Zoroastrian faith.

The revelatory word runs thus: ⁷⁶ "He who sows corn, sows holiness; he makes the law of Mazdah grow higher and higher; he makes the law of Mazdah as fat as he can with acts of adoration a thousand oblations, ten thousand sacrifices. When the barley is coming forth, the Daēvas²⁷ start up; when corn is growing rank, then faint the Daēvas' hearts; when corn is being ground, the Daēvas groan; when wheat is coming forth, the Daēvas are destroyed. In that house they can no longer stay, from that house they are beaten away, wherein wheat is thus coming forth. It is as though red hot iron were turned about in their throats, when there is plenty of corn... No one who does not eat, has strength to do works of holiness, strength to do works of husbandry, strength to beget children. By eating every material creature lives, by not eating it dies

^{23.} This is the proper form of the prophet's name, which probably means "he who drives camels" (cf. Sanskrit ustra-, "camel"; Zoroaster is the form popularized by the Greeks.

^{24.} J. Duchesne-Guillemin, The Hymns of Zarathustra (Beacon Press paperback, Boston, 1963). p. 160.

^{25. &}quot;Essence" is the rendering of uruthvan- (also uruthvar-), literally, "belly, abdomen, viscera", and metaphorically, 'what is within, kernel" (Bartholomae, Altiranisches Wörterbuch, cols. 1531 f.).

^{26.} Cited from I. Darmsteter, *The Zend-Avesta* (3 vols., The Sacred Books of the East 4, 23, 31, repr., Delhi, 1974) I, pp. 29f.

^{27.} That is, the devas who, in Iranian tradition, are demons, whereas the asuras who became demons in India, were gods in Iran. The development of these notions has not yet been satisfactorily explained.

away". As a definition of true religion this passage is unique: he alone is the true worshipper of God who by his labour brings about an increase of the means of sustenance, and hereby he even causes the destruction of the principle of evil

The opening statement, in the original yo vaom kāraveiti ho ashom kārayeiti, 'He who sows corn, sows holiness', deserves to be specially investigated. The second word in the text is the accusative singular of yava-, "corn", a term occurring also in the RV,28 and the grain thus called used to be cultivated by tillers of the land as staple food. The next word is the verb, an iterative present, third person singula, from the root far, "to scatter, spread out", and hence also "to plough, plant".29 In the English version "holiness" renders ashem, accusative singular of asha, literally, "truth", which corresponds exactly to rta, one of the key words of the first Veda. 30 As a dogmatic concept of the Avesta, truth signifies everything that is connected with the true God and his kingdom. What the passage cited above affirms is that the person who engages in agriculture and produces much grain contributes to the establishment of God's kingdom here on earth, and to the elimination of the principle of evil. Riches have therefore a positive part to play in man's life.

We shall bring this section to a close with a few words about the position of the Dharmasastras31 regarding wealth.

29. Avestan attests too the verb karsaiti (= Sanskrit karsati), from kars-, "to make furrows plough".

^{28.} A. A. Macdonell - A. B. Keith, Vedic Index of Names and Subjects (2 vols., repr., Delhi, 1967) II, p. 187.

³⁰ The Sanskrit word too must be rendered "truth", as demonstrated by Heinrich Lüders in his posthumously edited work Varuna 1-II (Göttingen, 1951 - 58).

^{31.} A distinction is to be made between the Dharmasūtras. works in prose which are chronologically earlier, and the Dharmasastras, compilations in verse form which date from a late period in history, and of which the most celebrated is the code of Manu; short introduction to the subject with bibliographical indications in H. Bechert - G. von Simson, Einführung in die Indologie, § 129 (pp. 174 - 77).

Manu (2:224) lists the various views about the goals of life held by different authorities: the chief good consists in the acquisition of spiritual merit (dharma) and wealth; a diametrically opposed opinion is that it consists in the gratification of desire (kāma) and the acquisition of wealth; a further position is that spiritual merit alone is the highest good but Manu on his part feels that it consists in the aggregate of all the three elements. He sees too artha as a value of human life, and he is so much convinced of its importance that he condemns to hell those who, without fulfilling their obligations here on earth, embrace sannyāsa (6:36 f.).

The *Dharmašāstras* speak at length of property, its acquisition, etc., of agriculture, of cattle, and so on, and in all these instances they visualize *artha* as a value of human life here on earth. They also take for granted that the amassing of wealth must be done according to the norms of justice and equity, and that virtue is superior to everything else. The Gautama Dharmaśāstra remarks that one should not let the three parts of the day, morning, noon and evening, remain fruitless with regard to *dharma*, *artha* and *kāma*, and the highest importance should be given to the first (2:46 f.). Those, however, who followed the materialistic philosophy of life were convinced that artha was the highest good; compares the remark of Kauṭilya *arthamūlau hi dharmakāmaviti* (1:7), "Artha is the source of dharma and kāma".32

A last detail we would like to mention is that the Anuśāsana Parvan of the MB (141:76-80) distinguishes dharmat into pravṛttilakṣaṇa, "characterized by activity", and nivṛttila-kṣaṇa, 'characierized by abstention from activity", and while the former pertains to the man in the world, the latter is proper to the world-renouncer, and leads to final liberation. The householder who has to be engaged in pravṛtti-, "activity" must acquire wealth, which should then be divided into three portions; one part should be spent for the sake of dharmat

^{32.} R. P. Kangle, The Kautiliya Arthasastra (2 vols. University of Bombay Studies in Sanskrit, Prakrit and Pali No. 1-2, Bombay 1969-72).

another for the fulfilment of kāma, and the third must be made to increase. Increase of wealth is, then, part of man's life of activity.33

The common word kāma- (masculine) has in the ancient sources a rich variety of nuances: 1) wish, desire, longing: 2f love, affection; 3) object of pleasure, love; 4) enjoyment of sexual love, sensuality; 5) love personified, the god of love; 6) a stake in cambling: 7) a species of mango tree: 8) a metre. 34 The feminine form $k\bar{a}m\bar{a}$ and the neuter one $k\bar{a}mam$ too are attested, and the latter has the meanings "object of desire", and "semen virile". Lastly reference must be made to the adverbial use of kamam (which is really the accusative singular of the masculine form), "according to wish/desire/pleasure, at will, freely, preferably", etc.

The word is of Indo-Iranian or common Arvan origin, for it is found in the earlier and later parts of the Avesta³⁵ and in the inscriptions of the Persian emperors, 36 and the meanings are invariably "wish, desire", etc. To give the reader some idea of the Avestan usage we quote two texts: "Therefore those whom you do know... to be just.... for them do you fulfill their $k\bar{a}m\partial m$ (longing) with these attainments" (Yasna 28:10): "Yes, I have already realized you to be virtuous.... when he attended me with good thinking, in order that the goals kāmulna (= kāmasva, of my wish) be known'' (Yasna 43:13).37

Viewed etymologically kāma consists of the primary suffix $-ma^{-36}$ and the base $k\bar{a}$ which occurs in Latin $c\bar{a}$ -rus, "dear, beloved", Old High German huor, huora, "harlot" Anglo-Saxon hore (= New English whore), Old Irish carac,

^{33.} Ganguli, MB XI, p. 294.

Monier - Williams, Sanskrit - English Dictionary, p. 271.

^{35.} Bartholomae, Altiranisches Wörterbuch, col 463.

R. G. Kent, Old Persian Grammar Text Lexicon (American Oriental Series 33, 2nd ed., New Haven 1953) p. 179.

^{37.} Cf. n. 13 above.

Wackernagel-Debrunner, Altindische Grammatik II/2, § 596a (p. 749); § 596d (p. 750).

"friend", Gallic Carantus (personal name with the initial vowel shortened), Latvian $k\bar{\alpha}m\hat{e}t$, "to hunger", etc. ³⁹ There is in Indo Aryan the root kam, "to desire love", which it has been held, is a secondary formation from the substantive $k\bar{\alpha}ma$, ⁴⁰ but one cannot be too sure about this point.

The literary tradition concerning $k\bar{a}ma$ — is very old, going back to the age of the RV, and in that remote period there were men who were wont to visualize desire as one of the primordial principles. RV 10:129, the creation hymn commencing with the statement that in the beginning there was neither non-being nor being but only tad ekam, the one principle transcending all opposites (vv. 1 f.,), refers to desire: $k\bar{a}mas$ tad agre sam avartatadhi (v. 4), "Thereafter rose desire in the beginning", yes, desire which proved to be manso retah prathamam, "thought's (or mind's) first seed". By introducing $k\bar{a}ma$ into the work of creation, the poet is depicting the origin of things as an act of begetting.

In the Atharvaveda kāma has undergone apotheosis and emerged as a god to whom people offer sacrifice and pray for

^{39.} Full list of correspondences in Pokorny, *Indogermanisches etymologisches Wörterbuch* I, p. 515.

^{40.} Thus Bartholomae, Altiranisches Wörterbuch, col. 463 (n. 3, sub voce kāma-); for the same view, cf. J. Kurylowicz, Indogermanische Grammatik (4 vols., Indogermanische Bibliothek. I. Reihe: Lehr- und Handbücher, Heidelberg, 1968ff.) II, § 262 (p. 204).

^{41.} In tad ekam the first word, which is the Aryan modification of IE tod (cf. Greek to, Latin tud in is-tud, from earlier is-tod, etc.), is the demonstrative pronoun pointing to the undefined, undifferentiated, pre-existent entity designated as ekam (from IE oi-ko-m), "one"; what is hereby meant is "das ursprüngliche Chaos, die grosse Leere" ("primaeval chaos, the great void); thus K. F. Geldner, Der Rig Veda (3 vols., Harvard Oriental Series 33-35, Harvard, 1951) III, p. 360. In the passage under consideration the first principle is visualized as something impersonal (for the same idea, cf. RV 1:164:6 48. 8:58:2. 10:82:2.6), and only rarely is it viewed as something personal (cf. RV 1:164:10. 3:56:2).

^{42.} Geldner, ibid.

success. 9:2 is a pretty long poem (25 verses), and is a prayer for blessings addressed to Kāma who is praised as the firstborn, as the one superior to the gods, fathers and mortals, and as the one who is always great. Now there follows the pious man's offering of worship: "To you as such, O Kāma, do I pay homage" (v. 19).43

Here belongs too 19:52,44 a short poem which is a prayer uttered by a sacrificer who is desirous of wealth, power and force, and who therefore praises Kāma as the first principle: "Desire here came into being in the beginning, which was the first seed of mind" (v. 1); this utterance is practically identical with RV 10:29:4. The poet goes on to add that the god is "set firm with power, mighty, shining, companion for him who seeks a companion" (v. 2); the present clause, which seems to be a citation from RV 10:91:1 ("Trusty friend to one who loves him"), celebrates on the one hand the god's great power and on the other his goodness but there is no reference here or in the verse that follow to his activity of arousing eros.

In the Bhagavad-Gītā we hear Kṛṣṇa saying, bhuteşu kāmo'smi (7: 11), "In contingent beings I am desire", and this position of his, the speaker is careful to point out, is in no way opposed to dharma or righteousness. In 7: 8-11 the god in human form is disclosing himself as the ultimate reality underlying the phenomena of the world of experience: thus in water he is the flower, in the sun and moon light, and so forth and in the course of this revelatory discourse he identifies himself with desire (evidently not with eros). 45 We shall not

^{43.} Being philosophical in nature, this hymn has often been translated; cf. M. Bloomfield, Hymns of the Atharva-Veda (The Sacred Books of the East 42, repr., Delhi, 1968) pp. 220-23 (text), 391-95 (commentary). W. D. Whitney, Atharva-Veda-Samhitā (2 vols., Harvard Oriental Series 7-8, repr., Delhi, 1971) II, pp. 521-25.

^{44.} Whitney, op. cit., pp. 985-87.

^{45.} R. C. Zaehner, The Bhagavad-Gītā (Oxford, 1969) pp. 247f.

touch upon the Purāṇic tradition regarding love/desire, which is something quite late and does not contribute very much to a deeper understanding of the sexual life of the people of ancient India.

The sūtras and sāstras that deal with dharma and domestic life speak at length of marriage and other related matters, and in spite of their puritanical outlook, they never belittle, much less condemn, the enjoyment of physical love, for this specific activity was a sacred religious duty, contributing positively to man's well-being here on earth and in the other world. It is because of this conviction that treatises were composed, wherein marital life was described in detail, 46 and the earliest of these works is Vātsāyana's Kānasūtra composed sometime in the first centuries of the Christian era. The book is addressed to the wealthy, sophisticated townflok of both sexes, and some idea of the thoroughness with which it describes love-making can be had from the fact that it distinguishes no less than sixteen varieties of kisses. 47

It has rightly been pointed out that the literature of Hindu India, no matter religious or secular, "is full of sexual allusions, sexual symbolism, and passages of frank eroticism". 48

^{46.} Bechert-von Simson, Einführung in die Indologie § 125 (p. 169, with bibliography). M. Winternitz, A History of Indian Literature (3 vols., Delhi, 1967) III/2, pp. 619-25.

^{47.} A. L. Basham. The Wonder that was India (Evergreen ed., New York, 1959) p. 171.

^{48.} Basham, op. cit. p. 170. We may also add here that Indian art is often frankly erotic, as is vouched for both by the frequent representation of maithuna and the depiction of feminine beauty in sculpture. The Greeks and the Romans regarded the matron as the ideal of feminine beauty, and people in the West look upon the same as being realized in the slender boyish type of female, but in ancient India the highest expression of beauty was the fecund woman: that is why we find females being represented with slender waists, thick thighs, broad hips and extraordinarily large and heavy breasts, and the postures the figures assume are such as would make

How true this is one can see if only one casts a cursive glance at the epics, especially at the MB which so often touches upon the subject of love. 49 We should bear in mind that the epics include a large corpus of ideas and ideals coming from the military castes which were indifferent or even hostile to the ascetic practices of the Jainas and the Buddhists, and would never endorse the doctrine of fuga mundi proclaimed aloud by the renouncers; they had, understandably enough, no great esteem for the priestly classes and their rituals, and it was they who more than anybody else, endeavoured to derive the maximum of pleasure from life. 50

conspicuous these parts of the body (something which is being done in modern Indian films as well). Sculptures of women with prominence given to their sex features are seen in some of the Buddhist caityas as well. The Poona scholar D. D. Kosambi in his Ancient India, A History of its Culture and Civilization (New-York, 1965) figure no 87, reproduces a capital from one of the pillars in the caitya cave at Karle (Maharashtra) with figures of loving couples on it. He adds that it is "rather strange decoration for an assembly of celibate monks who had renounced the world to found a refuge in the wilderness".

49. Exhaustive survey of evidence in J. J. Meyer, Sexual Life in Ancient India. A Study in the Comparative History of Indian Culture (repr. Delhi, 1971). The main English title of this work is most misleading, for the German original was entitled Das Weib im altindischen Epos, 'Woman in Ancient Indian Epic' (Leipzig, 1913). Meyers' book has been of the utmost help in the writing of this study. Another bulky investigation by the same scholar which touches upon several facets of the present subject is Trilogie altindischer Mächte und Feste der Vegetation 3 vols., (Zurich, 1937). Another interesting monograph in German is Winternitz, Die Frau im Brahmanismus (Leipzig, 1926). The traditional orthodox position is synthesized in K M Munshi N. C. Aiyer, Women in Sucred Laws (Bombay, 1953) For brief discussions, cf. Basham, op cit, pp. 170-72. 177-88.

J. Auboyer, Daily Life in Ancient India (2nd impr., London, 1967) pp. 176-91. H. Zimmer, Aitividischer, Leben, Die Cultur der vedischen 4rier nach den Samhitä dorgestellt (repr., Hildesheim, 1973) pp. 305-36.

50. W. Ruben, "Vier Liebestragödien des Rāmāyaņa," Zeitschrift der deutschen morgenländischen Gesellschaft 100 (1950)

pp. 287-355.

It should be conceded at the outset that the MB praises chastity and dwells on the unbounded power possessed by the chaste man: brahmacaryam paro dharmah (1: 170: 1) Chastity is the highest virtue". It is even said to be identical with the Absolute, the Brahman, so that it is superior to all other virtues and leads to union with the Absolute. However, it is something hard, and he who wishes to remain chaste should never listen to the speech of women, nor should he look at them when they are naked, for the very sight of them can arouse the passion of week man (12:214:7ff.). Kāma is the ally of death (12:258:35ff.), and what is still worse, samsārahetu (3:313:98), the cause of the chain of birth, death and rebirth. Pious considerations such as these occur here and there in the MB, but they are only one side of the coin, and what is of interest to the student of history is the other side.

The MB has its own psychology of love, according to which kāma arises samkalpāt (12:163:8), from samkalpa,³¹ i. e., idea, or rather fantacy, imagination, a point on which Manu too is in agreement: samkalpamūlah kāmo... (2:3), "Samkalpa is the source whence springs kāma". From the workings of the fantasy is born harṣa- "joy, delight, rapture, glee", but in the present context, "sexual excitement, the joy, resulting from it". This experience can also arise from sound, taste and form (14:24:5), in other words, the mind, the ear. the mouth and the eyes can produce sexual delight. The odd thing here is that no reference is made to sparṣa-, "touch, contact", which, as we shall subsequently see, had a part to play in love-making. 52

^{51.} This classical term means "decision of the mind, persuasion, intention, purpose, wish, desire", etc; compare samkalpajannan-, "sprung from desire| love, the god of love". The second element of the compound, kalpa-goes back to IE (s) kel (e) p-, "to cut, sever, separate", and its derivatives include Greek skolops, "stake, pale, thorn", Latin sralpō, "to scrape, scrap", and sculpō, "to carve, cut", Gothic halbs, Old High German halb (= English half), literally, "divided, cult". From the basic sense "to cut" the nuances here cited are most naturally derived

^{52.} The epics, by the way, give details about the ideal type of sex organs: the testicles must be hanging, the glans (i.e. the head of the penis) has to be soft, and so forth; for references, cf. Meyer, Sexual Life, p. 338.

There have been circles in ancient India that held the view that the love and the joys connected with it were the supreme good man could ever think of, and the MB records how on a certain occasion the Pandavas were arguing about the highest element in trivarga: 'The course of the world rests upon dharma, artha and kāma. Among these three, which is the foremost, which the second and which the last in point of importance?" (12: 167). While one of them declared that virtue was the highest, and another that wealth was supreme, Bhīmasena argued that kāma was superior to the other two elements. According to him, had it not been for kāma, no man would ever have striven after virtue and wealth, and for its sake the sages gave themselves up to austerities, while others spent all their energy on the study of the Vedas, etc. In short, everything is steeped in kāma and no being of the past, present or future would ever become superior to one who is filled with kāma which is the innermost core of the world. 53 The practical conclusion, therefore, is, 54

> Give thyself up to kāma, take thy joy with women, In fair garb and ornament, and sweet to behold, With young women loosed with the madness of drink: For kāma, O king, for us is the greatest of all.

This point of view must have been held by many in India, though traditional circles had an altogether different conception: "Dharma . is foremost in point of merit. Artha is said to be the middling. Kamā, it is said by the wise, is the lowest of the three For this reason one should live with restrained soul, giving one's attention most to dharma" 55

Kāma, the primordial godhead, is identical with Agni, the devouring god (13:85:11. 16f. 22), and the fire god has been given the name Kāma precisely because of his peerlessness (3: 219: 23). Though he has no body, the god of love remains irresistible once he has come near a man (5:39:45f), and as

^{53.} Ganguli, MB VIII, pp. 365ff.

^{54.} Meyer, op. cit., p. 332.

⁵⁵ Ganguli, MB VIII, p. 366; cf. too the citation from the same chapter in n. 2 above.

sleep removes all shame, so does too passionate love (5: 35:50; 37: 8). There is the interesting story of the love Hidimbā, the sister of the man eating giant Hidimbā, felt for Bhīma who had come to the ogre's abode. The hero tells the monster who was angry with his sister for her infatuation with a human being: "It is not her own doing that this young woman lusts after me. She has been forced by the Bodiless God who ranges inside the body" (1:153:25ff.). ⁵⁶

Love is a universal experience, one to which even the gods are subject, and as all know, the sacred books of India abound in stories about their sex exploits ⁵⁷ Indra, who has his own wife, and also innumerable celestial hetaerae in his harem, comes in the form of the husband of the woman he feels attracted to, and defiled Ahalyā, wife of a sage, while the holy man was still alive (5: 12: 373). To cite another story, Varuṇa, the god of the waters, ⁵⁸ becomes enamoured of Bhadrā, Soma's daughter who was destined to be the wife of Uttathya, and he therefore abducts her; he refuses when he is asked to give her up (13:154). The ṛṣis who were so famous for their penances, were also good connoisseurs of women, and several stories are told in the MB and the Purāṇas of their seducing women, or of their being seduced by the fair sex: ⁵⁹ the highest form of penance and sanctity is not proof against the attractions of sex.

Sanskrit literature delights in giving descriptions of female beauty. The following passage where the heroine is the

^{56.} J. A. B. van Buitinen, The Mahābhārata (3 vols., Chicago, 1971 ff.) I, p. 297.

^{57.} Polytheistic religions have as a rule this kind of narratives; on the custom of making fun of the gods, cf. the present writer's study mentioned in n. 59 below.

⁵⁸ In the Vedic age he was the most ethical of the gods; for details cf. H. Lüders, Varuna. I. Varuna und die Wasser. II. Varuna und das Rta (Göttingen, 1951-59).

^{59.} These sex stories are studied by the author in his paper "The Rishis" (to appear in *Indian Theological Studies*), where full references are given, and the question of the gods' behaviour is also discussed.

^{60.} Ganguli, MB II, pp. 101 f.

celestial nymph Urvasī is interesting, for it shows that women in love were in the habit of making themselves tipsy and then of going at night to the house of the man they felt attracted to: "And when the twilight had deepened and the moon was up, that Apsara of high hips set out. And as she proceeded, her deep finely tapering breasts, decked with a chain of gold and adorned with celestial unguents and smeared with fragrant sandal paste, began to tremble. And in consequence of the weight of her breasts, she was forced slightly to stoop forward at every step, bending her waste exceedingly beautiful with three folds And her loins of faultless shape, the elegant abode of the god of love, furnished with fair and high and round hips, and wide at their lower part as a hill, and being decked with thin attire, appeared highly graceful... And exhilarated with a little liquor which she had taken and excited by desire, and moving in diverse attitudes and expressiona a sense of delight, she looked more beautiful than ever."60 Here we have a realistic account of the behaviour of women in love, and according to law the one who has sex with a woman who has come to him because of love does not commit adultery.61

Mention has been made of Urvasi's taking a drink of liquor, and it may come to many as a surprise that women, in order to get rid of their shyness in making love, were in the habit of making themselves tipsy: they would then be able to nut their arms freely round their lovers (11:20:7). In the MB recension of the story of Rama we hear Sita telling Ravana who was making advances to her: "How could a woman who has drunk madhvika and madhumadhavi feel any longing for sour rice-gruel?" (3: 278: 39f.). 62

62. The two technical terms cited in the text are formations from the well-known word madhu' (from IE medhu-), "sweet, pleasant" (adjective), "sweet food/drink, milk, honey,

^{61.} Narada, one of the minor codes, remarks: "Nor is (legitimate) offspring produced, when a man meets a woman at another house than his own. That is declared adultery by those conversant with (the law) on this subject, unless she have come into (the man's) house of her own accord" (12:60); cf. J. Jolly, The Minor Law-Books) (The Sacred Books of the East 33, repr., Delhi, 1977) p. 177 (cf. too note on the verse).

The close connection between intoxication and love-making is highlighted by a custom described by the Gobhila Gṛhy-asūtra in the section dealing with marriage: "After she (=the bride) has been washed with klītaka, 63 barley and beans, a friend should besprinkle her three times at hear head, so that her whole body becomes wet, with surā of first quality, 64 with (the formula), 'Kāma, I know your name. Intoxication you are by name' (2: 1:10). 65 Let it be recalled here that, in opposition to the Brahman tradition that condemned drinking, 66 the Tantra school praises surā as the annihilator of sins, the mother of pleasure and release, augmenter of understanding, and so on. 67 No wonder, then, that the bride is anointed with, or rather bathed in it.

wine, mead" (noun), which corresponds to Greek methu, 'wine, mead", Old High German metu, "mead", Lithuanian medus, Old Slavonic medj, "honey", etc. Discussions in Mayrhofer, Etymologisches Wörterbuch des Altindischen II, pp. 570-72.

63. This is some kind of plant whose name remains obscure (Mayrhofer, op. cit. I p. 282).

64. That is, surā prepared from molasses. The drink in question here was popular among the Aryans (Zimmer, Altindisches Leben, pp. 280 f.), and it is to be distinguished from soma (= Avestan haoma), the sacred, liturgical drink which came even to be deified. Etymologically speaking, $sur\bar{a}$ - (= Avestan $hur\bar{a}$ -) is formed from the IE base seu-, "sap, juice, to press out sap", with the help of the formative -l- (which becomes in Indo Iranian -r-); compare the cognates Greek $hul\bar{e}$ "mud, slime", Lithuanian and Latvian $sul\bar{a}$, "sap, juice", etc. Full list of correspondences in J. Pokorny, Indogermanisches etymologisches Wörterbuch I, p. 913.

65. F. Max Müller- H. Oldenberg, *Grhya-Sūtras* (2 vols., The Sacred Books of the East 29-30, repr., Delhi, 1967) II, p. 43.

66. Women's drunkenness is condemned by orthodox lawgivers as a most serious sin: the woman who is addicted to drinks is as sinful as the one who has murdered her husband, or has procured abortion, and so on. The Brahman woman who drinks spirits will, instead of joing her husband in heaven, be reborn as a member of the lowest castes (Vasistha 21: 11).

67. Meyer, Sexual Life, p. 327, n. 1 (pp. 327f.).

It was doubtless when women were tipsy that men were wont to take liberties with them, for according to the ideas of the epic age the warrior's pride and glory consisted in pressing the breasts of loving women in making gifts, and in slaving foes (8:83:23). Of the hero Bhūriśvara it is said that his hand took away women's girdles, pressed their swelling breasts, felt their navel, thigh and private parts, and undid their garments (11:24: 8.ff). Duhśāsana, whose body above the navel was of diamond and below of flowers so as to fascinate women (3:252. 5ff.), boasts that his hand used to press swelling breasts (8:83:22).

The custom of free love in the secluded areas is no less clearly attested, and princesses were in the habit of going for picnics to forests where they drank intoxicants (madhumādhavī) and lolled about. There is an interesting description of the outing of Krsna and Arjuna to the river Yamuna when the days were very hot (1:222). On reaching their destination, "flavourful and costly foods and delicacies and liquors were laid out as well as all manner of garlands", and the picnickers began naturally to play "Some of the women played in the woods, others in the water, still others in the cabins... At the height of intoxication Draupadi and Subhadra distributed priceless clothes and ornaments to the women. Some danced rapturously, others shouted, some of the women laughed, and others drank the choice liquor... '68

Festivals too were occasions when men and women got drunk and made love: at the time of the celebration in honour of the mountain Raivataka the din made by drunken and singing women and men pierced the sky, and the poor who had come for the function were given not only delicious food but also maireya⁶⁹ and surā, "spiced liquor" and "spirits";

68. Van Buitinen, The Mahābhārata I, p. 414.

^{69.} This is an intoxicating drink of the epic age, whose name is the popular form of madira, "intoxicating", an adjective occurring in the RV (Grassmann, Wörterbuch zum Rig-Veda, col. 983) and derived from the root mad, "to boil, bubble, get drunk", etc. which too is Vedic (Grassmann, op. cit., cols. 977-81), and is related to Greek madaō, "to flow", Latin madō, "to be wet, be drunk"; correspondences in Pokorny, op. cit., pp. 964f.

the aftermath of this all is anybody's guess (14:59:5ff.). Another occasion when women got drunk was when they were entertaining Brahmans (1:147) One night Kuntī held a great feast for Brahmans, for which women came in crowds: "The women ate and drank and made merry as they pleased", and a woman who had come with her five sons "drank wine until they were drunk and besotted: they lost consciousness."70 On these occasions the guests satisfied themselves as well as their female hosts, and it is no doubt this activity of theirs that gave rise to the following proverb preserved by the Apastamba Dharmasastra: "The he goat and the Veda-learned Brahman show the strongest sexual tendencies" (2:6:14:11). Lastly sacrifices too were marked by women's drunkenness: when Yudhisthira performed the horse sacrifice, there was provided a sea of spirits and spiced liquor and the celebration was most pleasant, "with all the drunken, noisy, happy folk, and the crowd of right merry young women" (14:89).71

From our brief survey of the traditions of ancient India it is clear that "her people enjoyed life, passionately delighting in both the things of the senses and the things of the spirit". 72 It is not at all right to envisage ancient India as the land of life-negating ascetics, or as the only place in the whole world where men and women were exclusively pre-occupied with the spiritual life. The former is a fallacy created by persons from the West who concentrated all their attention on one particular group of religious texts, and the latter by writers in India who were suffering from inferiority complex vis-à-vis the political, economic and technological superiority of the West, and who tried to cover it up with a fine camouflage! 73

^{70.} Van Buitinen, op. cit., pp. 290f.

^{71.} Meyer, op. cit., p. 325.

^{72.} Basham, The Wonder that was India, p. 9.

^{73.} This has been pointed out by both western and Indian writers: e. g. Ursula King, "Hindu Social Reformers on Indian Spirituality", Social Action 28 (1978) pp. 62-86. C. P. M. Namboodiry, "Is India all Religion and Spirituality?" The Illustrated Weekly 99 (February 12, 1978) pp. 6-15. This Brahman scholar observes: With the typical inferiority of a colonial, the Indian philosopher was bent on proving the superiority of India over

Acquisition of wealth was one of the duties of the Arvan householder, and in ancient India there were wealth-seeking businessmen, prosperous craftsmen, rich warriors, and of course Brahmans who enjoyed perfect economic security through their position as the priestly class. There were also workers' co-operatives which have been compared to the artel of prerevolutionary Russia. and lawbooks lay down norms to govern their functioning. The Arthasastra deals with so many measures which are the basis of the planned economies of modern times. and according to one specialist, "it is striking that ancient Indian political theorists anticipated by over 2000 years the plans put forward by the Food and Agricultural Organization of the United Nations for maintaining a stable level of prices of stable commodities on a world wide scale" 75

Sex life in ancient India was most vigorous, so much so that ritual intercourse became an integral part of the worship of some sects which were wont to regard it as the surest means to salvation. To the credit of Hindu India it must be said that some of the worst forms of sex perversion that were rampant in some of the countries of old (and are now rampant in the West) were practically unknown among the Hindus. The Hindu was able to have a holistic approach to sex, so that there was no dichotomy between its enjoyment and the quest after union with the Absolute, and it is in the light of this that we have to understand the details given in the second part of our study.

Europe. And as he could not assert this superiority in the fields of social and political institutions, science and technology, military and economic power, he strove to show it in the only field in which it could be done: that of religion and spirituality" (p. 7).

^{74.} The Russian word here cited (which should, strictly speaking, be written artelj) means "association for common work"; cf. the phrase artelj selijskokhozvaistvennaya, 'agricultural artel, collective farm, kolkhoz". On the word, cf. M. Vasmer, Russisches etyrologisches Wörterbuch (3 vols.; Indogermanische Bibliothek. H. Reihe: Wörterbücher, Heidelberg. 1976-80) I, p. 26.

^{75.} Basham, op. cit., p. 217.

How true our remarks are may be gathered from the following words of a Vaiṣṇava sannyāsin from Bengal: "By repeatedly indulging in sexual union with their spiritual consorts in the above manner, the sādhus attain their spiritual salvation... That is why the sadhus regard vīrya⁷⁷ as Brahma Bhagavan. Bhag means yoni, sor vagina, and van means linga, or penis; that is why the word 'Bhugavan' (or Supreme Being) actually means wholeheartedly enjoying bhag, or vagina, with the van, or penis." We must confess that this represents an aberration on the part of ignorant men, and no enlightened Hindu sannyāsin will ever endorse this view. 80

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^{76.} What the speaker means here is the reabsorption, by the penis, of the semen it has discharged into the vagina during intercourse: he feels that it should not be wasted!

^{77.} Literally, "what pertains to vi-a-, the male"; in actual use it has the meanings "manliness, courage, strength, heroic deed, semen virile" (this latter being the sense intended by the speaker).

^{78.} As a matter of fact, in Sanskrit bhaga- stands also for the female organ, yoni, vulva, but this is only a secondary, derivative nuance of the common word bhaga-, "prosperity, happiness, possession, fortune", and also "love, beauty, lust", on the semantic evolution involved here, cf. Mayrhofer; Etymologisches Wörterbuch des Altindischen II. p. 459.

^{79.} S. Sinha, 'Vaiṣṇava Influence on a Tribal Culture", Krishna: Myths, Rites, and Attitudes (Phoenix Books, Chicago, 1968) pp. 64-89 (cf. p. 80). Since the sannyāsin who is the author of this statement is a Bengalee, he uses Bengalee forms of Sanskrit words; in our citation, for the sake of clarity, we have adopted the proper Sanskrit orthography.

^{80.} Let us never forget the fact, a fact of which India can genuinely be proud that the Buddha, Mahavīra, Sankara, Rāmānuja, and a legion of other saintly men were celibates.

Dharma, the Great Goal of Life

Exponents of traditional Hindu moral theology (dharma-sāstra) hold that a person can have three goals or aims in this life, namely satisfaction of sexual cravings, enjoyment of wealth and practice of virtue. These three life-goals, technically called 'puruṣārthas', are eros (kāma), wealth (artha) and morality or righteousness (dharma). These three life-goals are cumulatively called in Sanskrit 'trivarga' or the triad. In the enumeration of these puruṣārthas, Hindu tradition consistently gives the pride of place to dharma, by mentioning it first; after dharma comes artha, and then only kāma: dharmārthakāma. This order of enumeration suggests first, the pre-eminence of dharma over artha and kāma; secondly it suggests that the enjoyment of wealth and pleasure is to be in conformity with the rules of dharma or sound morality.

There is a gradation of value among the three puruṣārthas: kāma is the lowest; only the dull-minded seek after kāma alone says the Mahabhārata. ² 'A wise man tries to secure all the three; but if he has a choice between dharma on the one hand, and kāma on the other, he should choose dharma. Dharma is the source of both artha and kāma'. The dharma-śāstra-writers, without condemning kāma, assign to kāma the lowest place; they admonish that the satisfaction of the animal impulses in man has only a lower value than the moral-spiritual value (dharma); hence kāma-artha should be subservient to dharma ⁴. Yājñavalkya says that the enjoyment of pleasures should not be opposed to dharma ⁵.

^{1.} Purusena arthyate iti puruşarthah.

^{2.} bā/ah kāmam eva anurudhyate/ Mahābhārata Sāntiparva, 167. 8-9.

^{3.} Ibidem

^{4.} Gautama-dharma-śāstra, 9. 46-47.

^{5.} Yājñavalkya-smṛti, 1. 115.

Moksa, the Parama-purusartha

Hindu theologians at a later date added a fourth puruṣārtha, namely, mokṣa; mokṣa means perfect liberation or eternal happiness. Mokṣa is declared to be the 'Parama-puruṣārtha' or the Supreme goal of human existence And dharma or moral life is proposed to be the means to mokṣa; dharma is the means to mokṣa because dharma directs the people along the right path by regulating their enjoyment of artha and kā na. A person desirous of eternal salvation was later admonished to renounce all the first three puruṣārthas (dharma-artha-kāma), and to strive for perfect and eternal liberation. Subsequently this renunciation of the first three puruṣārthas (trivargas) and the striving for mokṣa came to be recognized as the fourth puruṣārtha.

The earlier conception of the purusarthas was paralle to the Samkhya conception of the three gunas, viz sattva-rajastamus. Man's body was regarded by the Samkhvans as a composite of the three gunas, sutty i-rajus-tamas (goodness and intelligence; action and passion; dullness and darkness) in various proportions. Those in whom the tamo-guna (the gupa of dullness and darkness) predominates, lose the discrimination between good and evil, right and wrong; they are dull, stubborn, and their actions are malicious. Those in whom the guna of rajas (passion) predominates, are passionate, self centred and feverishly active. But those in whom the guna of sattla (goodness) is preponderant, discern right from wrong; their activity is without selfishness and greed. This threefold division of the Samkhya personality was applied also to the triad of purusarthas: the sattvikus (people of sattra-guna) were believed to be naturally inclined to dharma while the rajasas were credited with kāma or passion and lust; and artha-craving was ascribed to the tamasikas.

Most of the ancient authorities consider the puruṣārthas as mutually exclusive. That is to say, in the society some people (kāma-kāmins) go for kāmas or sexual satisfaction while others (arthins) amass wealth, and others (dharmins) strive for dharma or punya (merit) to be enjoyed in a terminable heaven (svarga); and still others (mumukṣus) renouncing all the three, apply themselves for mokṣa. But the modern trend is to group

the first three (trivargas) purușārthas under the supremacy of moksa.

The triad in the Rgveda. The Rgveda employs three important terms to indicate three allied concepts. They are rta (cosmic order, right), vrata (ordinances deemed to be of godly origin, vow) and dharma (fixed principles, religious rites). Gradually rta was relegated to the background, and 'satyam' (truth, rectitude, right, righteousness) took its place; and vrata was narrowed down to sacred vows one has made to a god; and ahuma eventually became an all embracing concept 6. In the Br. U. .. 4. 14 'satya' is equated with dharma. Remember also in this connection the celebrated prayer of the Brhadāranyaka-upanişad (1. 3. 28): "To Satyam lead me from asatyam..."

The Root and Ramifications of Dharma

Before we launch into a full discussion on dharma as a purusartha it is fitting to elucidate a bit more the various usages of diarra. Etymologically the word 'dharma' is derived from the Sanskrit verbal root 'dhr dharati' - to bear, hold, uphold, maintain. (It has etymological connection with the Indo-European words such as bhr, bear, phere, fere etc.) The noun form 'dharma' means that which upholds, maintains the universe in due order. Expressions such as dharma putra, saha-dharmini. dharmistha, dharma-pada, dharma-sastra are of common usage in modern Indian languages. In current usage the technical term dharma stands for ethics, religion, morality, spirituality, truth, virtue, good conduct and so on; it also stands for natural and positive laws, the moral code, the various distinct duties of the individual. The whole religio-philosophical and didactic literature of India lays great stress on the necessity of maintaining dharma for spiritual realization or God experience. All the various systems of Indian thought emphasise the observance of dharma as a conditio sine qua non of internal purification leading to eternal bliss or 'nihire yasa'.

^{6.} Thus the parting advice of the guru to his students was: satyam vada, dharmam cara....Tait. up. 1:11.

^{7.} dhriyate anena iti dharmah.

Dharma admits of various divisions

One very common division of dharma is srauta (related to śruti, hence Vedic) and smārta (related to smrti literature. hence traditional). Srauta-dharma comprises rules and regulations concerning rites and sacrifices enjoined by the Samhita-Brahmana portions of the Vedas. The Smarta-dharma on the other hand comprises those religio-moral actions of various castes and stations of life (varna and asrama), usually dealt with very extensively in smrti literature as in Dharma sastra treatises and Ramayana-Mahābhāratas. Some authorities speak of a three fold dharma, viz. srauta, smarta and sistacara. Sistacara means exemplary actions of those people respected in society. A more common division of dharma is that into 'sādhāran i-dharma (sāmānya-dharma) and visesa-dharma'. Visesa-dharmas are those duties specific to parti cular caste and life station (āsrama) while sāmānya-dharma or sādhāruna-dharma includes all duties common to any person irrespective of caste or life-station. Again, there is still another division of dharma from the point of active life or retirement from active life: pravrtti-dharma and nivrtti-dharma: pravrttidharma is the code of conduct for those engaged in vigorous active life; and nivṛtti-dharma means total abstention from all kinds of activities and absolute union with the Supreme Being⁸.

The Classical Definition of Dharma-purusartha

The classical definitions of dharma given by the philosophical schools of $P\bar{u}rva$ $m\bar{u}m\bar{a}ms\bar{a}$ and Vaisesika deserve our special attention. Jaimini, the reputed founder of the $P\bar{u}rva-m\bar{u}m\bar{a}ms\bar{a}$ -darsana defines dharma right at the opening of his system as follows: $codan\bar{a}$ -laksano'rtho dharmah. This means "Dharma is conduct in conformity with a Vedic injunction". Hence whatever is prescribed by or laid down in (hita, vihita, vidhi) the Veda is dharma; and whatever is prohibited by the

^{8.} There are three well-known books by Western scholars on Hindu dharma or ethics. 'Development of Indian Thought' by A. Schweitzer. 'Religious Quest of India' by John McKenzie. 'Ethics of India' by Hopkins. The last one has very sympathetic approach to the subject.

^{9.} Pūrva Mīmāmsā-sūtra, 1. 2.

Veda is adharma or sinful. (The word 'codana' occurring in the above Sanskrit definition literally means 'urging or prompting or exciting or exhortation': technically it means a 'Vedic statement that urges people to do a morally good act'.) Sabara, the commentator of Jaimini paraphrases his master's words saying, by dharma is here meant a virtuous or salutary act, 10 The commentators point out that the above definition of Jaimini (codana laksano'rtho dharmah) implies the idea that the Veda or 'ruti (Revelation) is the source of the knowledge of dharmic act or right conduct. Hence the dictum 'Vedo'khilam dharmamulam' - Veda in its entirety is the root or source of dharma' (Manu, 2 6). This dictum also implies that the object of a Vedic injunction is dharmic or moral (codanam krivāyāh prayartakam vacanam). Kumārila Bhatta, the Mīmāmsaka exponent holds the view that the Veda gives information on dharma and adharma, while the Minimumsaka expositions and treatises give more detailed information on the same. Jaimini however considers the Veda as the authority on moral matters 11.

Kanāda, the illustrious founder of the Vaisesika system of philosophy defines dharma as 'that which causes well-being and perfect happiness': that is to say, dharma brings well-being here on earth and perfect happiness or eternal bliss in the next world 12

Why practise Dharma?

'There is no elaborate discussion as to why a person should practise dharma' in the history of dharma-śāstra. "But

^{10.} Ya eya śrcyaskara sa dharma-śabdena ucyate. Sabara's comment.

^{11.} dharma iiinasamananam pramanam paramam śrutih. Vedah smrtih sadācārah svasya ca priyamātmanah etat caturvidham prāhuh sākṣād dharmasya lakṣaṇam.

Manu 2, 12.

^{12.} dharmo viśvasya jagatah pratistha. Tai. Ar. 10. 63. dhāranāt dharma. Mahābh. udyogap. 89. 67.

dharma eva hato hanti dharmo raksati raksitah/ tasmād dharmo na hantavyo mā no dharmo hato / yadhīt / Manu, 8. 15.

it should not be supposed that no indications whatever are given of the reasons why this should be done". Two principles emerge: "In the midst of countless rules of outward conduct there is always insistence on the necessity to satisfy the inner man (antara-purușa) or conscience". 3. Manu (4. 161) says "assiduously do that which will give satisfaction to the 'antarātman' or inner self." Manu says further (4 239); "Not parents, nor wife nor sons will be a man's friends in the next world but only righteousness". "Dharmas tam anugachati"- dharma alone accompanies the departing man says Manu elsewhere. And the Vanaparva of Mahabharata and Manu 8, 85-92 say 'Gods and the inner man mark the sinful acts'. Another reason given for the cultivation of such virtues such as daya, ahimsa etc. is the philosophical principle of the One Self being immanent in every individual as declared in the Mahavakya "Tat tvam asi", "This is the highest point reached in Indian metaphysics, and combines morality and metaphysics" 14. This "tat tvam asi" doctrine implies that the good or evil of one's action will affect others too

The over-enthusiastic eulogy of Paul Deussen (b. 1845 near Koblenz, W. Germany) on Vedantic Dharma based on 'tat tvam asi" is worth quoting here: "People have often reproached the Vedanta with being defective in morals, and indeed the Indian genius is too contemplative to speak much of deeds; but the fact is nevertheless, that the highest and purest morality is the immediate consequence of the Vedanta. The Gospels quote correctly as the highest law of morality: "Love your neighbour as yourselves". But why should I do so since by the order of nature I feel pain and pleasure only in myself, not in my neighbour? The answer is not in the Bible (this venerable book not quite free of Semitic realism), but it is in the Veda, is in the great formula "tat tvam asi", which gives

^{13.} Cfr. Kane, P. V. 'History of Dharma 'sāstra', Bhandarkar Research Institute, Poona, 1962, vide vols V and II & III. cfr. p. 7 of vol. II. See also the excellent articles on Dharma in 'Bible bhashyam, (Dec. 1980) Ap. Seminary, Kottayam, Kerala.

^{14.} Kane, op. cit. II pp. 8 ff.

in three words metaphysics and morals altogether. You shall love your neighbour as yourselves, - because you are your neighbour, and mere illusion makes you believe that your neighbour is something different from vourselves. Or in the words of the Bhagavadgita: He who knows himself in everything and everything in himself, will not injure himself by himself: na hinasti ātmanā, ātmānam. This is the sum and tenor of all morality, and this is the standpoint of a man knowing himself as Brahman" 5. Daksa (3. 22) declares: "He who desires happiness should look upon another just as he looks upon himself. Happiness and misery affect oneself and other people in the same way". So according to Deussen and Kane and many others, the ultimate reason why dharma is to be practised is the great philosophic moral principle "tat tvam ası" or "aham brahma asmi": all are one, nothing but the One, Brahman. Besides, the approval of one's conscience (inner man) and the attainment of moksa also are pointed out as the rationale for the observance of dharma. As Eliot Deutsch points out, "The quality then that ought to inform human action is non-egoism which, positively expressed, is what the Advaitin understands to be "love". One must interrelate with "others", one must conduct oneself with the knowledge that the other is nondifferent from oneself" 17.

Dharma concept as a Philosophy of Value

The concept of dharma, especially as it is expressed in the Upanisads and Vedanta, is an expression of a philosophy of value. Moksa or perfect liberation from this mundane existence is prized as the Highest Value or Summum Bonum (nih srevasa) of human existence. Hence dharma is viewed in relation to moksa, the Supreme Value. As Eliot Deutsch observes, "The entire Advaita system is permeated with value questions, in such a way that an independent, separate treatment of them

^{15.} Paul Deussen's Address in 1893 to the Bombay Branch of the 'Royal Asiatic Society'.

^{16.} Yathaivātmā paras tadvad drastavyah sukhamicchata/ Dakşa, 3. 22.

^{17.} See my recent book: 'Religion and Ethics in Advaita'. Indian edition, 1982, Ap. Seminary, Kottayam, Kerala, Chapter on Rta and Dharma.

is unnecessary". Anubhara or the direct and personal experience of Brahman is held as the final goal of all dharma, of all human activities. Here we find the ultimate criterion of dharma or religio ethico moral activities: Any action that is conducive to Brahman experience is judged to be good; any action that proves to be an impediment to Brahman-experience is judged in its relationship to the Supreme Value, namely, Brahman-experience or perfect liberation: the value of an action is rated in the currency of spiritual experience. In fact, the value of all things is judged in their relation to the Supreme Good, namely, the Atman or Paramātman (Brahman). This value-concept is clearly expressed in the Brhadāranyaka upanişad where it says: 'Everything is dear or valuable in its relation to the Supreme Atman': – ātmanas tu kāmāya sarvam priyam bhavati 18.

How to know one's dharma?

This question is briefly answered in the following way: Sruti (Vedas), smṛti (tradition) and śiṣṭācāra (exemplary deeds of good men) tell you what dharma is and what adharma is. In case of a conflict between Veda and Tradition in the matter of dharma, Vedic authority has pre-eminence. If the clash is between smṛti and śiṣṭācāra, smṛti has pre-eminence. In case of a clash between two śiṣṭācāras, there is an option: you follow your inner voice or conscience.

Sadharana-dharma or Dharma for all

As we said earlier, Dharma-śāstra writers divide dharma as sādhāraņa-dharma and viśeṣa-dharma. The Hindu Sāmānya-dharma (sādhāraṇa-dharma) amounts more or less to the Decalogue of the Bible. The Yama-Niyama of the Yoga sūtra is usually called the 'Ten Commandments' of Hinduism. Yama enshrines the 'pancaśīlas' viz ahimsā (non-injury), satyam (truth), asteyam (non-stealing), brahma-caryam (chastity) and aparigraham (non-robbery or non-possession). And the Niyama consists of śauca (purity), santeṣa (contentment), tapas (austerity), svādhyāya (religious study) and īśvara-praṇidhāna (worship of God).

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Moksa as the Ultimate Goal

O. Apprehension of Death

Psychologists say that "of all things that move man, one of the principal ones is his terror of death", and that human activity is "designed largely to avoid the fatality of death, to overcome it by denying in some way that it is the final destiny of man". It is no exaggeration to say that man's awareness of the problem of death is traceable back even to the immediate ancestors of human race. There is evidence that the Neanderthal man and the Cro-Magnon man really grappled with the problem of death. As human beings began to live together laying the first stones of civilisation and created the first myths of religion, the awareness of death was present as a basic motive.

^{1.} E. Becker, The Denial of Death (New York: Free Press, 1973) p. 11.

^{2.} Ibid, p. ix.

^{3.} Cf. Teilhard de Chardin, *The Phenomenon of Man* (London: St. James Place, 1965), p. 198.

^{4.} Cf. T. Mainage, Les Religions de la Préhistoires: L' Age Palèolithique (Paris: Desclèè, 1921) p. 38.

⁴b. There is some truth in the observation that culture is built upon repressions and some psychologists of our day consider consciousness of death as the primary object of repression, because the human being is primarily also an avoider of death (cf. E. Becker, op. cit., p. 96). According to the philosophical reflection of Panikkar, however, "if the will to live is a realistic will to live a real life and not a whimsical desire for an imaginary life, we must recognise that inasmuch as real life is lived under the existential condition of death, death itself has to be taken into account and equally willed" (R. Panikkar, The Vedic Experience. California: University of California Press, 1977, p. 533). It would then follow that man's will to live to a large extent has not been realistic down through the centuries.

O. 1. By the time of the Egyptian Pyramid Texts we find already a well thought out theology of life after death with such ideas as the post-mortem judgment and the resurrection of the dead and a well developed liturgy to attain life everlasting." The same concern with death and what comes thereafter was also present in ancient Mesopotamia, though the outlook was different. Archaeological evidence bears witness to the way they overcame the blind alley of death through the belief in a life beyond the grave which was not thought to be very different from the present life. The Mesopotamian Epic of Gilgamesh dramatises the tragic case of the human being confronted with the inevitability of death. The Epic of Enuma Elish further theoretizes how death became the lot of the human being.9 A similar story is told with new perspectives by the book of Genesis where the universal fact of death is explained through the myth of the fall of man.

In the Greek culture too the problem of death loomed large and as a whole for the Western religions the prooccu-

^{5.} Pyramid Texts are inscriptions on the interior walls of the pyramids of certain of the pharaohs of the 5th and 6th dynasties (c. 2425-2300 B.C.). These texts constitute "the oldest corpus of Egyptian religious and funerary literature now extant" (R. O. Faulkner, transl., The Ancient Egyptian Pyramid Texts. Oxford: Clarendon Press, 1964, preface).

^{6.} Cf. Pyramid texts 193, 1068, 2092-93; transl. Faulkner, op. cit., p. 48, 177, 298; J. H. Breasted, Ancient Records of Egypt (Chicago: The University of Chicago Press, 1906), vol. I p. 115; H. Bonnet, Reallexikon der ügyptischen Religionsgeschichte (Berlin: de Gruyter & Co., 1952) p. 621b.

^{7.} Cf. A. Parrot, Archéologie Mésopotamienne, vols 2 (Paris: Editions Albin Michel, 1946) 1, pp. 276, 296 97, 318.

^{8.} Cf. G. Contenau, L'Epopée de Gilgamesh (Paris: L' Artisan du Livre, 1939) pp. 17ff.

^{9.} A. Heidel, The Babylonian Genesis (Chicago: The Univof Chicago Press, 1951, 2nd ed) pp. 18ff.

^{10.} Cf. J. Wiesner, Grab und Jenseits: Untersuchungen im Agäischen Raum zur Bronzezeit und frühen Eisenzeit (Berlin: A. Töpelmann, 1938), pp. 196-200; cf. also E. Rees, The Odyssey of Homer (New York: The Modern Library, 1960) p. 68.

pation with death furnished the basic motive both in theology and in worship and rituals.

O. 2. In ancient India too man was concerned with death and the problems it created, and the Vedic man shared the beliefs clsewhere in the personal kind of immortality in another world. The prayer to Sona Pavanāna reflects the hope for a blessed life in heaven:

Where light unfailing ever shines, where dwells the Sun, in that deathless world place me O Purifier, beyond harm's reach

(Rg Veda IX, 113, 7)12

And this blessed life was thought to be the fulfilment of our needs and desires:

In the place of vows and eager longings (kāmanikāma) the realm of golden Sun, of libations and fulness of joy, there make me immortal. Where happiness and joy abound, pleasures and delights, where all desires find their fulfilment, make me immortal.

(Rg Veda IX, 113, 10-11)13

Here the problem of death is tackled in a similar way as in Egypt, Mesopotamia and Greece and later with more refined categories in Bible and Christian Theology.

O. 3. However, unlike in the religio-cultural traditions of the West, there erupts a new consciousness in Vedic India, a disposition contrary to the general outlook to life, which tackles the prolem of life and death really in a new way through the doctrine of mokya¹⁴. Mokya overcomes death by

^{11.} Soma is "the sacrificial plant from which the Soma-juice is extracted with elaborated rituals, hence the sap or drink of immortality..." Pavamāna is the "epithet of Soma: flowing clear, being purified and purifying, thus holy and sanctifying" (R. Panikkar. The Vedic Experience, p 892, 886).

^{12.} Translation, R. Panikkar, The Vedic Experience, p. 634.

^{13.} *Ibid*.
14. *Moksa* means liberation, absolute freedom, release from samsāra, the cycle of birth and death.

relegating it to the realm of avidyā (ignorance), thus refusing to accept it as part and parcel of how man's case ultimately is. This article deals with mokṣa in its immediate context of the four puruṣārthas and in its relationship with the Upaniṣādic awareness of the ultimate nature of reality.

1. From Vedas to Upanisads

The doctrine of moksa can be taken as a personal and practical application of the gradual transformation of the Indian mind from the Vedas to the Upanisads. 15 In the early Vedic period man lived an extroverted life in a world of plurality and astounding beauty as well as of frightening powers. In this world of rich multiplicity, there were also a number of Gods to whom hymns were sung and sacrifices were offered. The ideal aimed at, especially in the Rgveda and in the Brahmanas, was length of days on earth and life in the world of heaven in companionship with the Gods. But at the culmination of the Vedic wisdom as expressed in the Upanisads, there takes place a great transformation in man's perception of reality; a more reflective tendency sets in and the search for the depths of reality takes the course of an inward journey. Here "hymns to gods and goddesses are replaced by a search for the reality underlying the flux of things." 17 The penetrating question was: "What is that which being known, everything else becomes known?" (Mund Up. I, i, 3). Man's inward journey reaches an ultimate limit from all sides perceiving there an all-encompassing reality, Brahman. 18 The Vedic Gods were gradually

^{15.} Cf. P. Deussen, The Philosophy of the Upanishads (transl. A. S. Geden) New York: Dover Publications 1966) p. 339.

^{16.} Cf. A. B. Keith, The Religion and Philosophy of the Veda and Upahishads (The Harvard Oriental Series vol. 32, first ed 1925, Indian reprint by Motilal Banersidas, Delhi, 1976) p. 581; cf. also P. Deussen, op. cit., p. 340.

^{17.} S. Radhakrishnan and C. A. Moore, A Source Book in Indian Philosophy (Princeton: Princeton University Press, 1973) p. 38.

^{18. &}quot;This One is not even a concept. It is not a concept limit like truth, goodness, beauty, and similar concepts when applied to the Absolute; it is rather the limit of a concept, unthinkable in itself and yet present on the other side of the

"reduced to the position of being no more than means by which entry to the Brahman can be obtained ... "19 In the basic unity of Brahman all multiplicity and distinctions got dissolved including also the distinction of one's own ego. The dissolution of one's ego in the great ocean of being, the Brahman, became the final goal of man in the Upanisads. This is sought after and experienced as moksa, liberation, from the world of pain. sorrow and frustration and hence also from plurality and change.

2. Moksa and the World View of the Upanisads

To go deeper into the meaning of moksa and its implications, we have to understand it in the context of the basic advaitic trend of thought found in the Upanisads, which stresses the aspect of unity to the point of a neglect of multiplicity. It is by becoming part of this unity through knowledge that one attains the state of moksa. Hence we have to consider at least in general out-lines the Upanisadic vision of reality as a whole and the role of knowledge in attuning oneself to that vision

curtain as the necessary condition for the very existence and intelligibility of everything" (Panikkar, The Vedic Experience, p. 56; emphasis added).

19 In the Brhadaranyaka Upanisad we find one of the most striking 'reductions' of the multiplicity of Gods. Vidaedha Sākalya asks Yājñavalkya about the number of Gods and the latter gives first the number mentioned in the Nivid of the all-Gods (a text in praise of the viśvedevas): "Three hundred and three and three thousand and three." But the unconvinced questioner repeats his question and Yājñavalkya reduces the number gradually and arrives at one finally. (III. 9. 1-9); cf. also Keith, op. cit., p. 581. Yet Panikkar finds a way to assume that the Vedic Gods are real without elaborating "on either the nature or the degree of their reality" (The Vedic Experience, p. 11). His invocation of the Vedic Gods to thank them and to offer them his opus magnum is certainly impressive (see ibid, p. xxxvii).

2. 1. The One without a second

Although in the Vedas there is already the awareness of the mysterious "One" underlying all reality (cf. Rg Veda 1, 164, 6; 46. III, 54, 8 9. VIII, 58, 2. Atharva Veda VII, 21), it is the Upanisads that spell it out sharply as the 'One without a second' (Ekam evā lvitivam). The perception of unity and its significance carry away the Upanisadic mind, so that the unity becomes sacred and holy, divine and normative. That is why the concept of unity is closely associated with the concept of Brahman. But the first awareness of the Upanisadic thinker was the awareness of the One, the perception that the multiplicity cannot be the ultimate fact about reality. This we find expressed in numerous verses of the Upanisads using a variety of images. The Katha Upanisad for example instructs that "in one's own mind one should take note that in no way there is plurality" (IV. 11; cf also Br. Up. 4, 4, 19), 20 The reason is: "What is here is also there, what is there is also here" (Katha, Up. IV, 10). According to Chandogya Upanisad, "it is below and above, in the west and in the east, in the south and in the north; it is the whole world" (VII, xxv, 1.). This all pervading One is "indestructible and perennial, beginningless, endless, greater than the great, remaining eternal" (Katha. Up. III, 15). The basic unity of reality, because of its ultimacy and sacredness successively gets the name, Brahman, and philosophy is transformed into theology (cf. Kena Up. 4-8). It is then Brahman or the Lord who is all pervading and infinite: "By the Lord enveloped must this all be-whatever moving thing there is in the moving world" (Isa Up. 1). 21 He is the beginningless, endless, the creator of the world, the one who holds the universe encompassed within him (cf. Svet. Up.

^{20.} Unless otherwise indicated, the translation of the Upanişadic texts is taken from p. Deussen, Sixty Upanişads of the Vedas parts 2 (transl. by. V. M. Bedeker and G. B. Palsule. Delhi: Motilal Banersidas, 1980).

^{21.} Transl.: R. E. Hume, The Thirteen Principal Upanishads (second revised edition, Oxford University Press, 1931).

V, 13). He is the power behind the various cosmic functions:

As fire (Agni), he warms. He is the sun (Sūrya). He is the bountiful rain (Parjanya). He is the wind (Vāyu). He is the earth, matter, God, Being and Non being, and what is immortal (Praśna Up. 2, 5). 22

The quintessence of the Upanisadic philosophy of unity, of the all pervasive Brahman is succinctly expressed in the well-known mahāvākyas: "This [is] indeed that" (etad vai tad: Katha Up. IV. 3, 5, 6, 7, 8, 9, 12, 13; V. 1, 4, 8), "That thou art" (tat tvam asi: Chand. Up. VI, x, 3; VI, xi, 3), and "I am Brahman" (aham Brahma asmi: Brh. Up. 1 4, 10). It has to be pointed out, in this article especially, that from the enveloping unity of reality the human being is not exempted; nay he is taken into, and is made to form part of the cosmic unity. The Chand. Up. is very clear about it; just as the unlimited one is "below and above, in the west and in the east, in the south and in the north' (VII, xxv, 2) so also is the ego consciousness (ahamkāra): "I (aham) am below and above, in the west and in the east, in the south and in the north' (Chand. up. VII, xxv, 2). The mahavakva about the ego is: "I am Brahman", which means ultimately the same as "This is that" or "That thou art". It is this strict consistency which refuses to give the human being any exemption from the general rule that leads to the doctrine of moksa. About this we shall see more in detail later.

However in the Upanişads, there is no systematic treatment of the philosophy of non-duality. The systematic development of the doctrine is found in the Advaita School, where the most renowned name is that of Sankara. Drawing inspiration from the Upnişads the Advaita School attempts to present the philosophy of non-duality in a systematic way. There is no intention to present here a detailed exposition of the Advaita philosophy.²³

^{22.} Hume's translation.

^{23.} For a survey of the advaita system of philosophy from Upanişads to the modern times, see J. Kattackal, Religion and Ethics in Advaita (Freiburg: Herder, 1980).

The basic problem which the Advaita philosophy faces is that of multiplicy and change vis à vis its fundamental conviction of the unity of reality. To explain multiplicity Gaudapāda, grand guru of Sankara, proposes the image of pot ether (ghatākā a - the ether contained in a pot) in its relation to the universal ether (mahākāsa) 2'. The ether contained in the pot is the same as the universal ether but restricted and individualised by the pot Similarly reality is one (edvaita - non dual) basically, but appears under different names and shapes (nāma-rūpa). The shape would mean also the structure, the constitution that is internal to individual realities, which serve as means (upādhis) to the ultimate Unity in order to diversified into the variety of beings. In the case of the human being the upadhis include according to Sankara the mind (manas) intellect (buddhi), the senses, the nervous system etc.25 Besides the mahākāsa-ghatākāsa analogy of Gaudapāda, Sankara employs also other analogies to explain the relationship of non-duality between the individual and the universal. the individual soul and the universal Brahman. For example the 'reflection theory' and the 'fire and spark simile'.26 According to the reflection-theory, "the soul is, like the reflected image of the sun in water, a reflection (abhāsā) of the paramātman; neither absolutely identical nor totally different"27. The fire and spark simile is intended to show that the soul is like sparks flying from the burning fire which is Brahman: "The origin of the souls from Paramatman is compared by sruti to the issuing of sparks from fire." All these analogies which are meant to show how there is non-duality between the individual souls and the ultimate Brahman seem to introduce another duality, namely, the duality of soul and body. But in a comprehensive and radical advaita perspective, there cannot exist any such duality. Thus, the pot-ether analogy is

^{24.} Cf. J. Kattackal op. cit., p. 55.

^{25.} Cf. ibid, p. 89.

^{26.} Cf. ibid., pp. 90 91.

^{27.} Sankara, Brahma-sūtra-bhāsya 2. 3. 50; quoted here from J. Kattackal op. cit., p. 90.

^{28.} Sankara, Brahma-sūtra-bhāyṣa 1 4.22; quoted here from J. Kattackal. op, cit., p. 91.

able not only to the ether in the pot but also to the pot itself. and the reflection theory is true not only of the image reflected in the water but also of water. Hence just as the soul (atman) is non-dual with Brahman, so also the body and every element of it is like-wise non-dual with Brahman. This fact does not seem to be sufficiently taken care of by the interpreters of the advaita philosophy.

Insisting on unity, it is the burden of the advaita system of thought to explain the fact of plurality and change in the world. It tackles the problem by attempting to explain them away. Accordingly, plurality and change are not understood to be the ultimate satva (truth) about reality; they do not affect the core of being, but are the peripheral aspects of it, especially due to the limitations of knowledge. Thus advaita permits plurality and change only on a peripheral level which is called the vyavahara (empirical) level of reality, whereas in the paramartha (ultimate) level, there is only unity and permanence. If this is the real case with reality to allow this fact to take hold of us and conquer us is our attainment of moksa, or emancipation.

2. 2. Through Knowledge alone

Now, we enter into the paramartha level of reality beyond all distinction and plurality through the path of juana, knowledge. Ignorance (avidyā) is the original sin which is bondage and which leads to death. "Widely opposite and asunder are these two: Ignorance and what is known as 'knowledge'" proclaims Katha Upanisad (II, 4). Ignorance is also self-delusion and blindness:

> Those abiding in the midst of ignorance, Self-wise, thinking themselves learned, Running hither and thither, go around deluded, like blind men led by one who is himself blind (Katha Up. II, 5).

One who lives in ignorance without using his intelligence will not go beyond the samsara, the realm of birth and death:

> He who lives his life without (using his) intelligence absent-minded and with impure senses

he does not attain to the place beyond he remains entangled in Samsara (cycle of birth) and death. He, however, who lives, instead, a life (using his intelligence)

with his mind alert and senses pure-he attains to the place beyond
from where there is no birth any more.

(Katha up III. 7-8)

Mahāb'iārata too is very clear about jūāna as the only way to attain emancipation (mokṣa). According to it, knowledge alone is capable of cleansing one of all sins (cf. Santiparva 321, 46). Even the sannyāsa way of life which renounces everything is of little avail to attain mokṣa, the ultimate goal without knowledge. On the other hand the possession of riches is no hindrance to mokṣa if true knowledge is attained: "Emancipation does not exist in poverty; nor is bondage to be found in affluence. One attains to emancipation through knowledge alone, whether one is indigent or affluent" (Santiparva 321.50).20

The importance of knowledge to attain moksa is stressed also in the advaita system of thought. According to Sankara, jñāna is the only means to moksa (jñānād eva kaivalyam). 30 Later traditions have tried to modify the insistence on jñāna proposing also other means as karma (actions) and bhakti (devotion) as equally valid means to attain moksa. But here the meaning of moksa becomes adjusted to the popular beliefs. In fact if one follows consistently the theory of moksa, and keeps to its original meaning it would follow that moksa is attained only through knowledge. Karma-mārga and bhakti-mārga are useful and often needed to reach jñāna (cf. Katha Up. II, 13), but moksa is attainable only through jñāna. Here, the concept of jñāna has to be taken in its fullest meaning according to the Indian traditions and not sifted through the western categories of gnosis or knowledge.

^{29.} Quoted from S. Radhakrishnan and C. A. Moore, op. cit., p. 169; cf. also J. W. Hauer, Der yoga, ein indischer Wegzum Selbst (Stuttgart: W. Kohlhammer Verlag, 1958) pp. 195-209. 30. Cf. J. Kattackal, op. cit., p. 106.

The Jñāna which leads to moksa may be the ordinary kind of knowledge which is at work in the vyavahāra world, but the jñana which mediates moksa is quite different. Just as the Absolute can be named as Being and non-Being, as the ultimate fulness is also sunyatha (emptiness), jñāna when it is equated with moksa is knowldege as well as non-knowledge. About this jñana through which we become one with Brahman, Katha Up, clearly points out that

Only he who knows it, knows it He who knows it, knows it not .-Not known by the knowingknown by the non-knowing

(Katha V. 11).

That jñana is no ordinary knowldege can be understood also from the fact that it is attained through yoga and not through study or research. Through yoga the senses are controlled and merged in the manas (mind), the manas in buddhi (intelligence), buddhi (intelligence) in the great self (nahān ōtma) and this one in the Avvaktam (the Unmanifest):

The wise one should control speech together with Manas and merge them in the self of conciousness (the Buddhi). He should control and merge this (Buddhi) in 'the great self' and this 'great self' in the self of rest or repose (i. e. Avyaktam)

2. 3. Convergence of Knowledge and Reality

Moksa is the merging of our self with the great self, the basic all-pervading unity. It is like the rivers flowing into sea and disappearing in it, giving up their names and forms (Mund. Up. III. ii. 8), and not as water rained down on the mountain flowing at random down the downward slopes (Katha Up. IV. 14). It is like a lump of salt getting dissolved in the water, so that it is not possible to take it again out of it (Brh. Up. II. iv. 12). At this point jñana (knowledge) and reality converge, and the ego-ness or individuality disappears; what remains is sheer being, simple unlimitedness: "When any one does not see any other thing, hear any other thing, does not know any other thing (outside himself), it is the unlimitedness: when he sees any other thing, hears any other thing, sees any

other thing, it is the limited one. The unlimited one is the immortal one, the limited one is the mortal one" (Chānd. Up-VII. xxiv. 1). Since mokṣa is a matter of being and not of knowing ultimately, or a state where knowledge converges with being it is feven beyond consciousness (Cf. Bṛh. Up. II, iv, 12). It is the fourth state (turīya) according to Gaudapāda's doctrine of ātman, who follows here the Māndūkya Upaniṣad; the other states are waking, dreaming and sleeping. The turīya state is one without measure, ineffable and beyond consciousness (cf Mānd. Up. I, 10ff). It is the attainment of the unlimitedness of being that liberates one from suffering and death, and brings joy and peace:

In whom all beings
Have become just the Self of the discerner—
Then what delusion, what sorrow is there,
Of him who perceives the unity

(Iśa. Up. 7).

^{31.} This applies above all to Brahman, the ultimate reality. Panikkar writes: "Brahman ist nicht nur das Unerkennbare, es erkennt auch nicht. Es hat nichts zu erkennen" (R Panikkar, Kulumysterium in Hinduismus und Christentum, Freiburg Munich: Verlag Karl Alber, 1964) p. 33; cf. also idem. The Vedic Experience, pp. 669-73.

^{32.} Cf. J. Kattackal, op. cit, p,

^{33.} The turiya state, and, therefore, moksa is comparable to the Buddhist nurana which is not a state of ontological nothingness but a state of absolute fulness without consciousness (cf. Samyutta Nik. 4, 23, 19). In Bhagavad Gītā there is the expression, Brahma nirvana, where moksa and nirvana are almost identified: "He who finds his happiness, his joy, and his light solely within, that yogin attains brahma nirvana' (Bhagavad Gita V, 24; cf. also ibid., II, 72; V, 25) Panikkar writes in this connection: "Moksa or liberation is here so total that it is considered not only as deliverance from all bonds and limitations but also as liberation from Being itself. The mystical conception of heaven entails the liberation from the concept of Being and even of any shade of 'reality' we may be tempted to give to that 'Being'. Moksa is here more than the freedom of Being; it is the liberation from it. The silence then reaches an unsurpassable ontological depth. There is nothing to say, because there is nothing." (The Vedic Experience, p. 634).

The liberation from sorrow is accompanied by great loy and bliss. Katha Upanisad states that one feels the words "This is that" as the inexpressible highest joy (cf Katha, Up. V. 14). And Chandogya Upanisad proclaims:

> The joy consists in unlimitedness (greatness, bhuman); in the limitedness (smallness) there is no joy; only unlimitedness is joy. One must, therefore, seek the unlimitedness (bhūman)

> > (Chand. VII. xxiii. 1).

Thus moisa, as the supreme goal of human life has something very special about it in comparison with the understanding of the supreme goal of human life in many other philosophical as well as religious traditions of mankind. To attain moksa means, in other words, to come to realize existentially the truth about one's being. All the rest follows from that. The peak of the realization of truth is becoming it; to speak about becoming would be inappropriate unless it means only the journey through the vyavahāra world. In fact, there is no becoming, only discovering what was always there, and in that discovery every other longing ceases to be, even death vanishes because death and suffering, desires and yearnings belong to the phenomenal world and therefore not the ultimate characteristic of reality-intruth, or the way how the case is with reality. In other words, "we throw off the spatio-temporal wrapping and jump, stripped of any contingency or creatureliness, to the other shore, though here the word shore' is also inappropriate, for it suggests the existence of another realm." 36

^{34. &}quot;What Upanisadic Man is interested in is not a return to the old familiar life, not a 'new' old life; not a resurrection. but a 'surrection..." CR. Panikkar, The Vedic Experience, p. 643).

^{35.} Cf. R. Panikkar, Kultmysterium in Hinduismus und Christentum, p. 32.

^{36.} R. Panikkar, The Vedic Experience, p. 542. And about the Vedic experience of death Panikkar writes: "... we could almost say without being too paradoxical that a feature of the Vedic experience is that it treats the problem of death as a non-eschatological question. Death does not belong to the eschata, to the last things, but is an accident in the life of

About the attainment of moksa we can finally summarize the point of view dealt with in this article: 1) There is the ultimate fact of non-duality which is given the name Brahman; 2) If non-duality is the honest truth about reality, we too are implicated in it, which means that our individuality is not the ultimate truth about ourselves. We have to shed our individuality and all that belongs to it so that the ocean of reality can overwhelm us. 37 It is like a drop of water merging in the sea and losing its drop-ness and becoming the ocean itself. 3) The process of knowledge, of discovering the truth starts from the world of vyavahāra; in its beginning it is an activity, part of samsara, the empirical world; there is still the distinction between the knower and the known, the subject and the object. The process of knowledge leads us to a point of convergence between the knower and the known, where there would not be any more distinctions, nor any subject-object dichotomy. 38 This is the realm of moksa of ultimate liberation. And moksa is attained while fully alive in the body. Eternity is experienced at the heart of time. Permanence is reached in the midst of flux. The idea that complete deliverance takes place only at death is a later development and the theory of videhamukti rests on a false supposition that between us and the atman there exists a temporal separation 39

the individual and an incident in the life of society. The beyond is the unfathomable ocean which makes the beaches on this side worth walking on and playing on" (The Vedic Experience, p. 543-44).

^{37.} Was not Jesus speaking from an 'Upanişadic consciousness' when he said: "Whoever seeks to gain his life will lose it; but whoever loses his life will preserve it" (Lk 17: 33)? For an interpretation of the Christian hope of life after death in the line of Upanişadic wisdom, see A. Koothottil, "Life 'after' Death: individual Survival or Universal Communion?" Jeevadhara 55 (Jan. - Febr. 1980) pp. 63-87. 38. Cf. Panikkar, The Vedic Experience, p. 74.

^{39.} Cf. P. Deussen, The Philosophy of the Upanishads, p. 357; cf. also C. Valiaveetil, Liberated Life: Ideal of Jivanmukti in Indian Religions specially in Saiva Sidhanta (Madurai: Dialogue series 1, 1980) p. 59.

3. The Truth about Moksa

How true is the doctrine of moksa, both in theory and in its actualization in life? A comprehensive critical evaluation is beyond the scope of this article. However, without at least some thought given to it, this article would be very incomplete. The truth about moksa depends upon the truth about the advaita world view. From various sides we experience today that the awareness of unity is on the growth. We are beginning to realize that there is a basic unity enveloping all that is real. Here a convincing evidence is delivered from perhaps the most unexpected quarter, modern physics. It is said to have overcome the classical idea that the independent elementary parts' of the world are the fundamental reality, and has come to the conclusion that inseparable quantum interconnectedness of the whole universe is the fundamental reality. 40 Further, for a scientist today "the world appears as a complicated tissue of events, in which connections of different kinds alternate or overlap or combine and thereby determine the texture of the whole."41

From the modern science we get also some evidence in favour of the moksa experience of overcoming the dichotomy between the knower and the known. In the atomic physics, they say, the scientist cannot be a detached observer; he has

41. W. Heisenberg, *Physics and Philosophy* (New York: Harper Torch Books, 1958) p. 107; quoted here from F. Capra, op. cit., p. 125.

^{40.} Cf. Fritjof Capra, The Tao of Physics (New York: Bantam Books, 1977), pp. 116ff. This is an interesting book, a pioneer in its field; it points out the astounding similarity between the Eastern wisdom and modern science in the understanding of the nature of reality. Alfred North Whitehead has attempted to develop a philosophical vision of the universe based on the finding of modern science. He has proposed an organic and dynamic view of the universe as one Whole where 'every detail enters into relationship with every other detail, and the final actuality is conceived to be through and through togetherness of all actualities, in such a way that there could be nothing that requires nothing else for its own existence' (cf. A. N. Whitehead, Science and the Modern World. New York: Free Press, 1967, p. 25, 174; idem, Religion in the Making. Cambridge: The University Press, 1927, p. 94).

to involve himself in the world he tries to know, so that his activity of knowing becomes part of the process of reality itself; he becomes a participator and not just an observer. It is true that modern physics works in a different level and within a different framework; however, it may offer some glimpses into the truthfulness of what the sages call the moksa experience. Consider, in short, what they say has been the contribution of Quantum theory in the over all understanding of reality:

Quantum theory has abolished the notion of fundamentally separated objects, has introduced the concept of the participator to replace that of the observer, and may even find it necessary to include the human consciousness in its description of the world. It has come to see the universe as an interconnected web of the physical and mental relations whose parts are defined only through their connections to the whole.⁴³

Thus the advaitic or non-dualistic world view has a real foundation in reality. 44 Although it is an important aspect of the way how reality is in itself, it is not the whole truth. The world of multiplicity and change is real too. The basic defect of the advaita point of view is that it excludes multiplicity and individuality from its core conception of reality, and relegates them to a level which does not matter ultimately. A more adequate conception of the way how reality is should integrate into it both unity and multiplicity, the vyavahāra and the paramārtha levels of reality. In fact, what has been called the vyavahāra level of reality should be given a pāramārtha status on the contrasting pole. Hence a more adequate conception of reality should be di polar, one pole of unity and permanence, the other of multiplicity and change, both poles having a pāramārthika character. 45

^{42.} cf. F. Capra, op. cit., p. 127.

^{43.} Ibid., p. 129.

^{44.} The data of science alone may not warrant the conclusion we are drawing. But a world view evolved by philosophical reflection on the data of modern science can certainly go a long way with advaita philosophy.

^{45.} The concept of 'di-polarity' is taken here from the philosophy of Alfred North Whitehead.

The lack of awareness of this di polarity is also the basic draw back of the experience of moksa. Those who arrive at the peak experience of unity often succumb, so to say, to the temptation to remain there. 46 without really letting its impact felt upon the world of multiplicity and change. What is wrong with the Indian spirituality when it comes to conrete practice may be that it disowns the vyavahāra world instead of redeeming it from the vantage point of the unity experience. 47 This perhaps explains the lack of social concern among most of the Indian sages, and the co existence of the perspective of unity with the most appalling discriminations in Indian society. From the point of view of the moksa experience according to which not only every human being, but also everything real is one with Brahman, how could there be any lower and higher castes, and even out-castes and untouchables? Thus although the experience of moksa is genuine, it remains one sided, incomplete and therefore falsified as long as it does not exert its influence on the other pole of reality, namely, the world of plurality.

Also if both the poles, namely, unity and plurality are taken into our understanding of reality, the corresponding experience of moksa would not stop at realizing what one simply is, but would also strive for the realization of what one is not vet but could become, and that not for oneself alone but for the whole of humanity and even beyond. Thus the world view of Advaita and the ideal of monsa as the ultimate goal of human attainment, if corrected and completed both on the level of doctrine as well as that of experience can become a powerful gospel towards the realization of a just society in the world, which should be the ultimate goal, the parama purus artha of our collective striving.

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^{46.} Cf. Panikkar, The Vedic Experience, p. 648.

^{47.} Panikkar's evaluation of the Vedic attitude in this context as "a harmonizing of polarities and an inclusion of both poles without eliminating either or without sublimating them in such a way that they become no longer recognizable" (The Vedic Experience, p. 647) offers more of an ideal picture than the actual fact.

Bhakti: a Meta-Purusartha

The Bhagavata-purana, which offers itself as a guide to all who wish to attain self-fulfilment, 2 states that the service of the Lord is the "one and only" way to ensure one's welfare whether it be artha or kāma, dharma or moksa. Thus bhakti is presented as the safest means to secure the four purusartha.s. But bhakti is not just that. The BhP proposes bhakti as the "highest fulfilment" of man. 4 Hence the man who "surrenders himself" to the Lord experiences bhakti, and consequently has no other artha to achieve. 5 For such a man the Lord Himself appears as the "fourfold fulfilment". It follows, therefore, that all human striving finds its "indefeasible fulfilment" in and through bhakti. Thus, according to the BhP, bhakti is not only the best sadhana, the most effective means to attain the four purusārtha-s but it is also the ultimate meaning. the sādhya of all the purusārtha-s. If I may be allowed the neologism, bhakii is the meta-purusārtha of all men. In this paper I shall first show how bhakti helps man to attain the four purusārtha-s, and then how it takes him beyond them, yes, even beyond moksā, traditionally considered to be the highest of the four.

Artha and Bhakti

Kautilya defines artha as the "livelihood" of men,8 and for this it is necessary to "acquire and posses" the earth.9

4 para-artha, 7,7:55.

5. ātma-nivedin, 11,19:24.

6. caturvidha-artha, 11, 29:33.

7. acyuta-artha, 1,5:22. 8. vrtti, Arthasastra 15,1:1.

9. labha pālana, Ibid 1,1:2; 15,1;2.

^{1.} My study is based primarily on the Bhagavata-purana, henceforth abbreviated as Bhp. I have used the edition published by the Gita Press, Gorakhpur, 1971.

2 Cfr. S. Anand, "The Bhāgavata-purāņa: A Guide for the Sādhaka", purāṇa, XX-1, pp. 71-86.

3.ekameva krāaṇam. 4,8:41.

Thus artha is that aspect of human endeavour through which man uses earthly realities for his subsistence. This may explain why though Kautilya's use of "artha-sastra" is translated as "Science of Politics", 10 modern Indian languages use it to mean "Economics". 11 Inasmuch as kāma and dharma presuppose livelihood, or are "made possible by artha", 12 this can be considered as "primary". 13 Manu, while insisting that artha. kāma and dharma are necessary for man's happiness. 14 lays down that the pursuit of the first two should not be "detrimental to dharma". 15 This hierarchy is stated by other dharmawriters too. 16 The BhP too affirms that artha is not an end in itself, but totally "subservient to dharma". 17 It is this principle of subsidiarity which holds together the four purusartha-s and gives them an inner unity. Due to inordinate attachment to earthly realities this inner unity is lost, and since they are meaningful only to the extent that this hierarchy is maintained, attachment to earthly realities is "very detrimental" to all the four. 18 Hence the wise man should use these things "inas much as they are needed'. 19 Bhakti enables man to maintain this right priority.

Earthly realities are all dependent realities. Hence they have no value in themselves, but only to the extent that they lead man to the only self-dependent Real, God. Throug bhakti man surrenders himself to God and consequently his heart is

^{10.} E. g. R. P. Kangle, The Kautiliya Arthasāstra (University of Bombay, 1963), pt II, p. 1.

^{11.} E. g. C. Bulcke, An English-Hindi Dictonary (Ranchi, Catholic Press, 1968), p. 201.

^{12.} Arthasastra 1,7:7.

^{13.} Ibid 1,7:6.

^{14.} Manu-smrti 2:224.

^{15.} dharma-varjita, Ibid 4:176.

^{16.} E. g. Apastamba-dharma-sūtra 1,7,20:1-4; Gautama-dharma-sūtra 9:46-7. Visnu-smṛti 71:84.

^{17.} dharma-ekanta, 1, 2:9.

^{18.} atyanta-vighātaka, 4,22:34.

^{19.} yāvad-artha, 2,2:3.

not attached to phenomenal realities. 20 Through bhakti man acquires a higher knowlege, an intuitive awareness which enables him to see the true character of earthly things and hereby he experiences "detachment". 21 Love for the Lord enables the devotee to simplify his life, to cut down his needs. If artha is essentially meant to take care of man's needs, then the devotee believes that the Lord is more concerned about him than he himself can be, and that the earth can provide him all that he really needs. 22 On the other hand, a man devoid of bhakti is "blinded by the glamour of wealth" and all that it can offer. 23

If arthasastra is the science of acquiring and protecting the earth, then today artha should be understood not merely in economic terms, but as the involvement in secular affairs. Artha is not merely the wealth an individual acquires for himself, but all the effort of man to make this earth more habitable for himself. The BhP following the lead of the Bhagavadgītā, 24 teaches that man need not renounce his secular responsibility in order to attain perfection. We have the example of King Dhruva who, while continuing to rule his kingdom has his "senses perfectly under control", 25 and his "mind fixed on the Lord". 26

Not only is *bhakti* not against secular involvement, but on the contrary *bhakti* helps man to be more genuinely concerned about the welfare of others. The *BhP* finds the justifi-

^{20.} The *Bhp* uses a host of expression to bring out this idea of detachment. Cfr. S. Anand, "Spritual Discipleship as Described by the Bhagavata Purana", *Indian Theological studies*. XV, pp. 34-5.

^{21.} vairāgya, 1,2:7.

^{22.} Cfr. 2,2:4-5.

^{23.} dhana-durmada-andha, 2,2:5.

^{24.} Cfr. Bhagavad gītā 3:20-22. Here Kṛṣṇa insists that Arjuna should do his duty for the sake of loka-samgraha.

^{25.} avicala-indriya, 4,12:8.

^{26.} acalita-smṛti, 4.12:8.

See also 4,33:49-50, where similar remarks are made about Prthu.

cation for this stand in the mystery of Bhagavan Hari Himself. He creates and sustains everything: He leads all creation to its goal; vet He Himself remains unattached, fully free. 27 This is true also with regard to His avatāra, Krsna, who moves about in the world, fully detached, seeking nothing but the "good of the world". 20 This is possible because God has in Himself all fullness: He does not need to seek it outside Himself. So too the devotee has in his heart the Lord Himself. What else need he look for? 29 As God, is one who has His purpose always fulfilled, so too the devotee is "content with what he has". 30 If he gets involved in the world, it is not out of personal interest, but because the Lord wants him to do so: 31 Only in this context does temporal involvement become part of the service rendered to the Lord. 32 However the BhP is aware that this combination of temporal involvement and the quest for perfection is not easy. Man has to pray that while involved in the world his heart may be fixed on the Lord. The Lord by his grace will definitely sustain his sincere devotee. 34 Thus, bhakti, by purifying man, makes his secular involvement selfless and thereby authentic.

Kama and Bhakti

Kāma can be understood in a narrow sense as sexual satisfaction, or in a more comprehensive way as aesthetic fulfilment. Like artha, kāma is not an end in itself. It is not meant merely to satisfy the senses, but to serve the overallt purpose of life, that is, the "quest of the Real", 35

^{27.} Cfr. 1.3:10.

^{28.} loka-samgraha, 10,80:30.

^{29.} Cfr. 8,1:15.

nija-lābha-tusta, 1,19:25. 30.

^{31.} Cfr. 5,1:23.

^{32.} Cfr. 3,13:12.

^{33.} E g., the prayer of Brahmā when he is commissioned to create the world. He prays that while doing so he may remain from all attachment, his mind fully fixed on Visnu, Cfr. 2.9:28-9.

^{34.} Cfr. 3,9:34, the answer given by Vișnu to Brahmā.

^{35.} tattva-iinasa. 1.2:10.

The BhP describes very vividly what can happen to man when kāma becomes a dominating force in his life. For such a man woman is the "door to hell", 36 like a "grass-covered well" leading man to sure death, 37 the alluring "call of a hunter" out to trap its victim, 38 the fire that sets ablaze a pot full of butter. 39 It is not only man that is tempted by sex. Woman too feels its power. 40 The power of sex is so great that it is easier to conquer the world than to conquer this urge. 41 Except the Lord, all are moved by it. 42 When the Devas and Asuras are disputing about the ambrosia obtained from the churning of the ocean, Vișnu, appearing as a charming woman, distracts the Asuras, thereby depriving them from the drink of life. 43 Brahma, after performing severe penance is still unable to control himself. He is swept off his feet by the charms of his own daughter. 44 Siva, the great yogi, is completely overcome by the beauty of the bewitching damsel, the form taken by Vişnu to distract the Asuras. 45

Perhaps nothing clouds man's understanding so much as the sexual urge. 46 It robs man of his judgement, 47 and he becomes a "fool", 48 a "plaything" in the hands of women. 49 How is it that sex has so universal an appeal? How is it that it is the most blinding force experienced by man? The BhP

^{36.} niraya-dvāra, 3,31:39.

^{37.} tṛṇa-āvṛta kūpa, 3,31:40.

^{38.} mṛgayu-gāyana, 3,31:42.

^{39.} Cfr. 7,12:9.

^{40.} Cfr. 3,14:9, where Diti overcome by desire for her husband tells him that she is like a plantain tree shaken by an elephant.

^{41.} Cfr. 3,31:38.

^{42.} Cfr. 3,31:37.

^{43.} Cfr. 8,8:9.

^{44.} Cfr. 3 12:20-33.

^{45.} Cfr. 8,12:1-40.

^{46.} Cfr. 3,31:35.

^{47.} Cfr. 6,8:30·

^{48.} mūdha, 3,31:34a.

^{49.} krīdā-mṛga, 3,31:34b.

does not answer these questions directly, but it seems to indicate the direction we must follow to find the answer.

Man's basic possession is his own life, his own body. It is "most dear to him", his "greatest friend". Even when he has given up all other belongings he still has his body. It is on account of this body that all other attachments find their place in his heart. and conversely, when a man is prepared to part with his body then nothing earthly attracts him. No wonder, man has a great "desire to live", and may even refuse to surrender his body to Vişnu were he to come "abegging". But man has only half his body, woman being the other half. Hence it would be quite natural that he feel strongly drawn to complete his body. By uniting with a woman he feels completion.

Further, though man has a great desire to live, he has no experience of a disembodied existence. For him, then, to live is to live in the body, to exist corporally, to be embodied. Death, however, dispossesses him of his body, and nothing is more certain than death. Sex is nature's way of reconciling these two: man's desire to live and the painful certainty of death. It is precisely because death is so certain that man feels his sex, his faculty of life, so strongly. Sex is the embodiment of man's refusal to die. It is thus the most powerful expression of his corporality. This is why Brahmā, upbraided by his own sons for his unbecoming behaviour towards his daughter, abandons his body, 58 the root cause of sexuality. It is because sex is essentially a corporal function, that it clouds man's spiritual faculty so intensely. The body discarded by Brahmā becomes the source of all darkness. 59

^{50.} priyatama, 1,13:20. 51. atīva-suhṛt, 3,23:6.

^{52.} The body is considered the only possession of a wandering ascetic: urvarita-śarīra-mātra-parigraha, 5,5:28; deha-mātra-avaśeṣita, 7,13:1.

^{53.} Cfr. 2,1:15.

^{54.} Cfr. 4,20,6.

^{55.} Jīvita āśā, 1,13:22.

^{56.} bhiksamāņa, 6,10:4.

^{57.} deha-ardha, 6,18:30b.

^{59.} Cfr. 3,12:33c.

Kāma is not just the satisfaction of the sexual urge. According to the Kāma sūtra, kāma is the result of the activity of all the five senses by which they obtain their proper objects. Thus if $k\bar{a}ma$ is to serve the overall purpose of life, then not only the sexual impulse but all the senses need to be restrained. In a way the two are related because the sexual urge is heightened by the activity of all the five senses. Yoga, which requires the control of the senses as one of its eight limbs, claims to bring calm to man. The BhP clearly teaches that a man tormented by $k\bar{a}ma$ cannot find peace so effectively by the eightfold yoga as by serving the Lord. and consequently without bhakti the laborious process of yoga is futile. The devotee can not only control his senses but can also embrace life-long celibacy, for he experiences the grace of the Lord.

That bhakti enables man to keep $k\bar{a}ma$ within bounds and even to renounce it completely should not be difficult to understand if we see the deeper meaning of human sexuality. Inter alia, sexuality is the expression of the essentially fragmentary character of human existence: the human person is either male or female. He or she is only half of the human possibility, and consequently he or she longs to become whole, and this even pre-consciously. Thus sexuality is but one manifestation, albeit a powerful one, of the more profound fragmentation of man: he is scattered in space and time, in $sams\bar{a}ra$. At no point either in space or time can he be fully present to himself. Only the Lord, who is both man and woman, the Ardhanāriśvara, is totally present to Himself. By being what He is God is "fulness" itself, 67 and consequently

^{60.} Cfr. P. V. Kane, *History of Dharmasastra* (Poona, Bhandarkar Oriental Research Institute 1941), II-1, p. 9, ft. note 22.

^{61,} Yoga-sūtra 2:29, 54.

^{62.} Ibid I:2.

^{63.} Cfr. 1,6:36.

^{64.} Cfr. 3,25:19; 10,51:61.

^{65.} Cfr. 3,12:5.

^{66.} Cfr. 1,6:32

^{67.} Pūrna, 8,1:16.

the "total fulfilment" of all, 68 and hence all who surrender themselves to Him do not perish. Through *bhakti* man attains Him who is "Bliss itself" and so lacks nothing. 69 This does not mean that *bhakti* is some form of substitute for $k\bar{a}ma$. It is a more radical fulfilment of man, thereby making $k\bar{a}ma$ futile. Through *bhakti* man experiences an ecstacy, a standing-out of time and space even if for a short moment, but this experience is a foretaste of the eventual liberation from $sams\bar{a}ra$, a foretaste of his final fulfilment.

Kāma can be understood as aesthetic fulfilment. The depth of an aesthetic experience depends both on the object and the person involved in the experience. The Bhp presents bhakti as the highest aesthetic experience. The devotee is disposed for this, being a "man of taste"; 70 he can "discern beauty". 71 On the other hand, God is "the abode of all beauty", 72 and hence "the most charming to look at". 73 He is ever youthful and so ever new. 74 Bhakti is "the desire to look at the Lord", 75 and "this seeing is a great festival", 76 leading to "the highest joy", 77 a joy that inundates the whole person of the devotee, "making his hair stand". 78

Dharma and Bhakti

The *Bhp* begins by claiming that its purpose is to set forth the highest *dharma* of saints.⁷⁹ That which leads to selfless and steadfast devotion to the Lord is "the highest *dharma* of

^{68.} Pūṛṇa-artha, 8,1:15,

^{69.} ananda, 11,26:30.

^{70.} rasika, 1,1:3

^{71.} rasa-jña, 1,1:19

^{72.} sakala-sundara-samniveśa, 11, 1:10

^{73.} darśanīyatama, 3,28:16.

^{74.} Cfr. 3,28:17; 1,11:33.

^{75.} bhartr-darsana-lalasa, 1,11:33

^{76.} tad-īkśaņa-mahā-utsava, 1,11:24.

^{77.} para-ananda, 3,19:33.

^{78.} prahrsta-roma, 3,15:5.

^{79.} Cfr. S. Anand, "The Bhagavata-purana: A Guide for the Sadhaka", pp. 72-5.

men".80 Therefore, any dharma, even if it be carefully fulfilled, but if it does not produce devotion to the Lord, is "but drudgery".81 On the other hand, dharma well-performed finds its consummation in bhakti.82 But bhakti is not merely the result of dharma. The Bhp identifies dharma with bhokti.83

Dharma is a purusārtha because, inter alia, it leads to an experience of "inner contentment". At The Bhp teaches that it is only when man has bhakti towards the Lord that he can "fully experience peace", but while all the other observances bring only passing happiness". Why is it that bhakti brings man deep peace and joy? The Bhp does not directly answer this question, but we can put two together and find the reason. We have already seen that the Bhp claims that bhakti is the highest dharma of man. It also says that there is no greater a-dharma than a-satya. Could we not reverse this statement and say that satya is the highest dharma. Thus we will be saying that bhakti and satya are both the highest dharma of man. What would that point to?

The word satya is the verbal adjective of the root as (to be), and it may be translated as "that which ought to be". 88 Hence when one has satya, one has, or rather, one is what he ought to be, i.e., he has an authentic existence. 89

^{80. ...} pumsām paro dharmah. 1, 2:6

^{81. ...} śrama eva. 1,2:8.

^{82.} Cfr. 1,2:13.

Kṛṣṇa tersely defines dharma as mad-bh.ikti-art. 11,19:27.

^{83.} Cfr. 6,3:22:

See also S. Anand, 'Bhakti the Bhagavata Way to God'', Purana, XXII-2, pp. 204-7.

^{84.} ātma-tușți, Manu-smrti 2:12.

^{85. ...}yaya'tmā samprasīdati. 1,2:6.

^{86.} kşulla-sukha-āvaha, 3,5:10.

^{87. ...}na hyasatyāt paro'dharmah. 8,20:4.

^{88.} Cfr. F, Kielhorn, A Grammar of the Sanskrit Language (Varanasi, Chawkhamba Sanskrit Series Office, rep. 1970), pp. 238-42, and 274.

^{89.} Cfr. S. Anand, "Satyam eva jayate", Mission in India (Poona, Ishvani Kendra Series no. 7, 1979), pp. 5-13.

One has a fully authentic existence only when he is fully what he ought to, and therefore can, be. This authentic existence calls for the total actualisation of the potentiality of being. It is only then that one can reach the point of perfect calm. the state of perfect self-possession. Now, if satva and bhakti are both the highest diarma of man, then the former is the form and the latter the content of dharma. To put it differently it is man's duty to actualize his deepest possibility, and this he can do through loving devotion to the Lord.

Bhakti is the fulness of satva, the total realization of man this for two reasons. First, it is the actualisation of the deepest potency of man, that is, the power to love. Second, in bhakti this love is directed to Him who is Himself SAIYA,90 and consequently "the most worthy of love". 91 Thus when man acquires the highest bhakti for the Lord he reaches the end of his pilgrimage. Consequently he experiences the fulness of peace. Like St. Augustine of Hippo, the bhakta exclaims: "You have made us for yourself, O Lord. and our heart is restless until it rests in vou".92

Dharma is not merely to help the individual. It aims also to bring about a certain order in the society. The early thinkers experienced order in the cosmos (rta), and found this to be a source of well-being. So too it was believed that order in the society (dharma) is a source of happiness The varna-āsrama structure of the Hindu society was the framework for the thinking of the dharm i-writers, who, therefore, primarily concerned themselves with the varna-asrama-dharma.93 Today we are becoming more and more conscious of the limitations and defects, if not inherent at least factual of the varna system. Bhakti is one answer to this problem. As a meta-value it does not cancel the positive aspects of the traditional structure but takes man beyond them.

^{90.} Para-satya, 1,1:1.

^{91. ...} presthah san preyasāmapi. 3,9:49.

^{92.} J. K. Rayan (tr.), The Confessions of St. Augustine New York, Image Books, 1960), p. 44.

^{93.} Kane, op. cit., p. 11.

The BhP repeatedly affirms that the bhakta is a man of universal charity. He is "equally disposed to all", "4 "views all equally", "5 "has mercy for all", "6 "is friendly to all", "7 "desires the welfare of all", "8 and "is helpful to all". One leacher, "an expert in the science of the spirit", "100 classifies the devotees into three grades. The highest bhakta makes no distiction, but loves all; while the second-and third-rate bhaktas tove God and other devotees, or only God, respectively. A real devotee does not make the distinction of mine and notmine, but "views all equally". 102

Earlier I discussed the relation between bhakti and satya and stated that through bhakti alone man attains satya. The Bhp defines satya as "viewing all equally". 103 One cannot attain the highest form of bhakti without inculcating love for all men Love for man is the best service a devotee can offer to God, 104 and without this love for all, worship is but a mockery, it being as good as pouring the offering into the ashes. 105 Real bhakti fosters universal brotherhood. 106

Man's well being presupposes not only order within the society but also order within the cosmos. The Bhp suggests that the more a man is governed by dharma the more effectively does he become present in the cosmos, thereby enhancing

^{94.} Sarva-bhūta sama, 11,2:52; samāna-uttama madhyama-adhama, 4,20:13.

^{95.} Sama-dṛś, 1,4:4; sama-darśin, 11,26:27; tulya-darśana, 1,5:24.

^{96.} Sarva-bhūta-dayā, 3,9:12.

^{97.} Maitra, 3,27:8; sarva-dehi-suhrt, 3,25:21.

^{98.} Sarva-bhūta-hita-atmā, 4,22:18.

^{99.} Sarva-upakāraka, 11,11:29.

^{100.} Atma-vidyā-viśārada, 11,2:20.

^{101.} Cfr. 11,2:45-7.

^{102.} Cfr. 11,2:52.

^{103.} satyam ca samadarśanam. 11,19:37.

^{104.} Cfr. 3,9:12. 105. Cfr. 3,29:21-2.

^{106.} Cfr. 9,21, where we have the moving story of King Rantideva who shares the only meal he has with a Brāhmin, a Sūdra, and an outcaste.

its availability to man. 107 All creatures submit themselves to the man with whom the Lord is pleased; they bow to him "as instinctively as waters flow downwards. 108 Man is part of the universe, nay, its most concentrated point, being the only being that has self awareness. Through bhakti he becomes more and more authentic, and satya becomes more and more visible in him. His life is bound to be a source of cosmic healing. 109

According to the asrama way of life, the brahmacari was not really in a postion to pursue artha and kama. These two purusārtha s were in a way the exclusive preserve of the grhastha. The householder was expected to think of moksa only after he has fulfilled the debt to the seers, the debt to the ancestors, and the debt to the gods. 110 It seems that the Sūdra could not attain moksa, for by serving the twice-born, and by fulfilling his own household duties, he could obtain the benefits of all the asrama s, "except moksa which is possible only for a wandering ascetic". 111 The only asrama open to the Sudra was the grhastha 112. Since bhakti is a meta-purusartha, it pervades the entire varna āsrama structure, serving as the sādhārana dharma of all the four castes and also of the outcaste.

The Bhp clearly states that just because one is born in a high caste one does not have any spiritual advantage, 113 for all this without bhakti is an "empty show". 114 On the other hand even a Sudra can please the Lord. 115 Contrary to the stand taken by the dharmasastra-writers, the Bhp emphatically teaches

^{107.} When Yudhisthira, the "foremost among the pious rulers' (dharmabhrtām varisthah...1,10:1), ruled the earth, there was enough rain, the earth provided all that man needed, the cattle yielded plenty of milk, the trees bore abundant fruit, and everybody was happy. Cfr. 1,10:4-6.

^{108} nimnamāpa iva svayam. 4,9:47.

^{109.} Cfr. S. Anand, "Satsanga: The Company of Saints", C.M. Vadakkekara (ed.), Prayer and Contemplation (Bangalore, Asirvanam, 1980), pp. 287-9.

^{110.} Manu-smrti 6:36.

^{111. ...} parivrājakaphalam moksam varjayitvā. Medhatithi on Manu-smrti 6:97.

^{112.} Kane, op. cit, pp. 154-64. 113. Cfr. 7,7:51. 114. Vidambana, 7,7:52. 115. Cfr. 3,6:33.

that all men and women can attain perfection, 116 for all, even the dog-eaters, can love and serve the Lord, 117 and he can be found only through bhakti. Similarly all the asrama-s respect bhakti, 118 it being the dharma of the parama-hamsa-s. 119

Jiyanmukti and Bhakti

The earliest Vedic seers were happy with life and they hoped to live long, have plenty of wealth, and father a large family. Slowly they began to feel life on earth a tragedy and longed to get out of samsāra: they longed for mokṣa. Gradually it dawned on them that they could have deep inner peace while still in samsāra, that they could become jīvan-mukta. This inner peace can be experienced by man only when he has a deep awareness of God, a full control of his senses and instincts, and detachment from all passing things. The jīvan-mukta experiences great joy, and his spiritual fervour is a source of blessing for others. According to the BhP, not only is jīvan-mukti the result of bhakti, but also the prerequisite for the practice of bhakti in its highest form.

I have already explained how bhakti enables man to control his senses and instincts, and to be detached from all earthly realities. The BhP also insists that a man can come to the true knowledge of God only when his search is "sustained by devotion". Without bhakti all human effort is bound to fail. The saving knowledge of God is "the highest secret", and man can attain this knowledge, only as the Lord says: "by my grace". Then man gets an "intuitive knowledge" of God.

^{116.} Cfr. 7,7:54.

^{118.} Sarva āśrama-namaskrta, 1,3:13.

^{119.} Cfr. 5,5:28.

^{120.} Cfr. S. Anand, "Jivan Mukti or Liberation in This Life," Vadakkekara, op. cit., pp. 181-90.

^{121.} Bhakti-bhāvita, 11,19:5.

^{122.} Cfr. 1,3:37-8; 1,5:12.

^{123.} Parama-guhya, 2,9:30.

^{124.} madanugrahāt, 2,9:31; matprasādena, 3,27:28.

^{125.} Ahaituka-jñāna, 1,2:7.

The BhP also shows how the man of deep bhakti is also a man of deep peace and joy. The man without bhakti undergoes an inner turmoil, being disturbed by his senses "which are always running outside". 20 which so to say are an eccentric force. Through bhakti man finds his centre in God, and even though he feels his natural impulses he can overcome them through bhakti.127 Being fully detached, human wickedness does not rob him of his peace;128 he realizes that God's power is greater than that of man. He is like a mountain that is not shaken by any storm, -' being firmly rooted in "the love of the Lord". When offended, he is fully prepared to forgive, 131 for to forgive is the "highest dharma", " the "highest act of charity", 133

Nowhere does the BhP use the terms jivan mukti or videha mukti. but it seems to be aware of this distinction. 134 Vidyaranya, the author of the Jīvan-mukti viveka. 1.5 thinks that the term guna atita in the Bhagavadgital" indicates the jivanmukta. It is no mere coincidence then that the BhP speaks of the highest form of bhakti as nirguna. 1.8 The lower forms of bhakti are motivated by personal gain, even though these motives may be very noble; the highest form of devotion is the result of man being drawn to the Lord "merely by listening to an account of the goodness of the Lord". 189 Hence to have this highest form of bhakti. the devotee himself must be "beyond the gunas". 140

Sarva-indriya-bāhya-vartana, 6,16:33. 126.

Cfr. 1, 7: 47; 1, 18: 41-50. para dharma, 7, 15: 8. 131. 132.

He lived in the 14th century. Cfr. S. Anand, "Jīvan-135.

mukti...", p. 180.

136. Cfr. 4: 12-26.

Cfr. S. Anand, "Jīvan-mukti...", p. 184. 137.

Cfr. 3, 29:12. 138.

mad-guna-śruti-mātrena, 3 29:11. 139.

Cfr. 11,14:18. 128. Cfr. 3,1:16. Cfr. 10,20:15. 130. Baddha sauhṛda, 4,20:12. 127. 129.

para-dāna, 11, 19: 37. 133. E.g., "siddha" and "samsiddha" are used both for those 134. who have died and for those who are still alive.

nairgunya-stha, 2, 1: 7; ... ativrajya trigunan, 3, 140. 29: 14.

Beyond Moksa

The BhP teaches that it is only through bhakti that man can attain "the highest perfection". He is there are some statements in the BhP that puzzle the reader: bhakti is considered "higher than even siddhi"; we even among the many liberated and perfected sages a devotee of Narayana is "not easily found"; we even more boldly, the devotees of the Lord are not eager for "final beatitude", we even though it is the "highest puruṣārtha". Srīdhara, considered to be the most authentic commentator on the BhP, explaining the text under consideration, says that the BhP is here presenting bhakti as the highest puruṣārtha, and the reason why the devotee ignores even the final beatitude is that by lovingly surrendering all to the Lord "all the puruṣārtha s are truly obtained". Thus the BhP presents bhakti not merely as the way to mokṣa but also as something more than mokṣa.

In what way is bhakti more than moksa? In one place we are told that the Lord may grant mukti to those who worship him, but He does not give them "an abiding union with Him brought about by bhakti". 47 Sridhara merely adds an emphasis: The Lord "never gives them an abiding union brought about by loving devotion." 148 It seems to me that two things become clear. First, we have the idea that bhakti is a gift of the Lord. Not only is it difficult, 149 but just not possible even for great spiritual persons by themselves to have bhakti. 150 Man can only respond to the call of the divine flute! Man can purify himself, overcome all attachments and thus become

^{141.} siddhi, 1, 15: 51.

^{142. ...} siddhergarīyasī. 3, 25: 33.

^{143.} su-drulabha, 6, 14: 5.

^{144.} ātyantika-apavarga, 5, 6: 17.

^{145.} parama-puruṣārtha, 5, 6: 17.

^{146.} samyak prāptāh sarve puruşārthāh.

^{147.} bhakti-yoga, 5, 6: 18.

^{148.} natu kadācidapi sapremabhaktiyogam.

^{149.} Cfr. 10, 47: 25.

^{150.} Cfr. 6, 14: 2.

a mukta, a free person, but this does not mean that he has love for God in his heart. For this he needs to be loved and graced by the Lord. Bhakti in its highest form is nirguna, i. e., beyond all created effort.

Further, during his pilgrimage here on earth a faithful devotee may acquire complete detachment, complete freedom from all that pertains to samsāra, and thus become a jīvanmukta, but it is only at the end of his spiritual journey, i. e., after his death, that he obtains that contemplative vision of the Lord, that definitive loving union (sa-prema bhakti yoga), from which no return is possible. 151 To be united to the Lord in such a way as to be never more separated from Him, man has to be born anew. In the present birth, in samsāra, he cannot fully attain the Lord. 152 As long as he is in samsāra, in time and space he is bound to be fragmented. To be fully united to the Lord man has in some way to share in the eternity of God. For this he needs to die. 153

From what we have said, it becomes clear that while bhakti helps to free man from samsāra, freedom from samsāra is essential for the realization of bhakti in its highest form. Bhakti is both, the way and the goal, the sādhana and the sādhya. Apara-bhakti slowly purifies man, frees him from all that impedes his definitive union with the Lord. Thus mokṣa is a preparation for para bhakti. This may explain why the BhP considers satsanga as the most potent means of fostering devotion to the Lord 154 the ultimate destiny of man is an unending SAT-sanga, a loving communion with Him who is the supremely authentic One. 155 It is because satsanga here on

^{151.} Cfr. 1, 15: 44.

^{152.} Cfr. 1, 6: 22. See also S. Anand, "Jivan-mukti...", p. 206.

^{153.} Cfr. 3, 33: 30; 4, 12: 35. In the Bhagavad-gītā, one must become brahma bhūta before attaining para bhakti (18:54). In the BhP, Pṛthu and Parīkṣit become brahma-bhūta before they die (4 23:13; 12, 6:10).

^{154.} Cfr. 1, 2:18; 2, 3: 11.

^{155.} para-satya, 1, 1:1.

earth anticipates SAT-sanga after death, that devotees prefer satsanga even to escape from rebirth. 156 Mokṣa is not merely freedom from rebirth, escape from samsara; it is freedom for para-bhakti. The vastra-harana precedes the rāsa-līlā. It is only when the gopis appear completely naked before Kṛṣṇa that he agrees to dance with them. 157

Towards a Personalistic Understanding of Reality

To understand the ultimate destiny of man in terms of a loving union with God means that we conceive God in a personalistic way. The BhP qualifies the ultimate reality as saguna and nirguna: the latter term is usually translated as impersonal. But as I have shown elsewhere, such a translation does violence both to the early sruti-text where this term first occurs, and to the BhP where it is used frequently. 127 According to the BhP, the ultimate reality is essentially personal. 159 If man finds his fulfilment in para bhakti, if through bhakti all the other purusartha-s are attained and perfected, then it follows that his nature is deeply personal. Any understanding of purursāriha-s that ignores this personal character of man is bound to be destructive. If artha is not to become a materialistic quest, if kāma is not to become a passionate longing, if dharma is not to become a legalistic structure, if moksa is to be really the experience of freedom, then man's personhood must be our primary concern. Since man is a person, love is his most authentic way of being and self-communicating. Since God is the most personal being, love for God is the most profound fulfilment of man, it is truly the parama-purusartha or, as we have put it, the meta-purusartha of all men.

Jnana Deepa Vidyapeeth

Subhash Anand

Pune

^{156.} Cfr. 1, 18: 13; 4, 24:57; 4, 30: 34.

^{157.} Cfr. 10, 22:16-27.

^{158.} Cfr. S. Anand, "Saguņa or Nirguņa" Purāna, XXI-I, pp. 49-57.

^{159.} Cfr. Ibid. pp. 58-63.

The Christian Purusarthas: Meaning and Goals of Life in Jesus' Teachings

A. The Goals of Life in Classical Hinduism

From early times classical Hindu tradition has snelled out the significance of human life in terms of its four purusarthas, the so-called 'goals' of human existence. These are listed as artha (material possessions), kāma (sexual, emotional or aesthetic satisfaction), dharma (the fulfilment of religious and ethical obligations) and moksa (final liberation). These four goals of human life if indeed they are 'goals' and not, as Karl Potter very plausibly suggests, a graded series of 'attitudes' towards persons and things, ranging from one of minimum concern and maximum attachment (arthu and kāma) to one in which concern is maximum and attachment minimum (dharma and eventually moksa)2 - are not of a piece. Moksa or total liberation is the supreme goal (paramapurusārtha). It is not on a level with the others, which, collectively, form the trivarga or 'group of three'. Moksa is, in fact, the goal of the other goals: for the possession of material goods, the satisfaction of sexual and emotional needs, and even the fulfilment of religious and ethical obligations, become meaningful (become, that is, purusarthus, things that mediate significance to human life) only when rightly pursued they communicate the experience of liberation The first three goals, each with its specific body of technical literature (cf. the Arthusastra of Kautilya, the Kamasutras of Vatsvayana and the various collections of dharmasutras, the

2. Karl H. Potter. Presuppositions of India's Philosophies

New Delhi: Prentice Hall, 1965) 5-10.

^{1.} Cf. Pandurang Vaman Kane, History of Dharmasāstra (Poona, Bhandarkar Oriental Research Institude), Vol. II/ 1 (1941) 8; and Vol. V (1962) 1510.

best known being the one attributed to Manu), belong to 'this world', to the empirical, vyavahārika dimensions of human existence. Mokṣa, on the other hand, which, though it forms the ultimate horizon of all religious thinking in India, has no technical literature formally dedicated to it (if we except the Mokṣadharma section of the twelfth part, the Sāntiparva of the Mahabharata—for this is not, properly speaking, technical literature), is a transcendent goal. It is in a sense "opposed to the first three", because it leads to the paramārthika, the really-real aspects of human existence. It designates that is, the total freedom which results from the experience of the absolute within, and from the resultant awareness of the radical relativity of all empirical reality.

Together, these four purusarthas give us an unusually clear-cut and systematic description of the classical Hindu ideal of human existence. Though focussing sharply on ultimate liberation (mokṣa), this ideal is far more concerned with the material fulfilment of man (the satisfaction of his need for possessions, for companionship and for meaning) than facile Western characterizations of Hinduism as 'other worldly' would lead us to expect. The Hindu ideal is in fact strikingly 'thisworldly' because it supposes that it is only through the satisfaction of these basic human needs (the trivarga), and not by by-passing them, that ultimate liberation (mokṣa) will be achieved. Mokṣa, Heinrich Zimmer reminds us,

is to be understood, not as a refutation, but as the final flowering, of the success of the successful man. Not before but after one has accomplished the

^{3.} Kane, Dharmasāstra (n. 1 above) V, 1511.

^{4.} Cf. Manusmriti VI, 36-37: "Having duly studied the Vedas and begotten sons according to law, and sacrificed according to his ability with sacrifice, he should fix his mind on deliverance. A twice-born man not having studied the Vedas, and not having begotten a son, and also not having sacrificed with sacrifices, who desires deliverance, goes downward [into hell]" — quoted from Hindu Polity (The Ordinances of Manu), translated by Arthur Durnell and Edward Hopkins (Ludhiana: Kalyani Publishers, rp 1972) 139.

normal wordly aims of the individual career, after one's duties have been served as a moral member and supporter of the family and community, one turns to the tasks of the final human adventure.⁵

For the ideal life, as classical Hinduism sees it (for the upper class male at least—for women and lower castes are excluded from the system), comprises of four different stages or āṣramas—that of the celibate student, serving his guru in order to be instructed in the sacred lore (brahmarārya), that of the householder bringing up a family and supporting it through his 'secular' toil (grhastha), that of the hermit who retires into the forest for meditation and penance (vānaprastha), and, last of all, that of the wandering ascetic who, tied to no place and shunning all attachment seeks liberation through total renunciation (sannyāsa).

Such an ideal of human existence is very characteristic of Hinduism's holistic way of thinking. It stands in sharp contrast to the specialized life styles proposed by Christian (specifically Roman Catholic and Orthodox) spiritualities where some are called to be 'householders' without being expected to eventually transcend this by renunciation (sannyāsa), while others (the 'more perfect') are called to live a life of renunciation without having experienced the responsibilities of raising a family or supporting a home (grhastha).

Two very different conceptions of human life are obviously implied here. The fulness of human existence which

^{5.} Heinrich Zimmer, *Philosophies of India* (Princeton University Press, 1969) 44. There is an excellent section on the purusarthas on pp. 34-37.

^{6.} Not only are women and outcastes excluded, but according to some lawcodes like the Vaikhanāsa-Dharma-Sutra at least, all four āṣramas are accessible only to the brahmins (who alone are judged capable of sannyasa). The first three are available to the kshatriyas, the first two to the vaishyas, and only that of the householder to the shudras, who are not permitted the study of the Vedas—cf. Haran Chandra Chakladar, "Social Life in Ancient India" in The Cultural Heritage of India, Volume III (Calcutta; Belur Nath, n. d.), 174.

Hinduism expects of the twiceborn individual is to be realized in Christianity in a diversified community, conceived of as an organic unity (a 'body'), whose parts are endowed with specialized functions (1 Cor 12. 4-30). The individual in Hinduism thus corresponds to the community in Christianity! This is no accident. For the specialized life roles assigned to individuals in the Christian tradition, derive ultimately from the Christian understanding that the human person is essentially communitarian, the individual conceivable only as part of a whole. Even if in their present highly institutionalized forms such specialized religious roles (in some Churches at least) may reflect the fragmented specialization of bourgeoise production,8 they are in essence part of the Christian experience itself. For they are expressions of the basic Christian understanding that the human person is not an autonomous individual, and that his 'liberation' is not to be sought in isolation, but as part of the liberation of the whole human community, to which he must contribute by fulfilling his allotted role.

Hinduism too is of course not without a communitarian dimension, as is clear from its ideal of the āšramas and its functioning institution of caste - an elaborate social structure of complementary, hierarchically organized roles, unparallelled for its complexity, rigidity and oppressiveness. *Dharma* is, in fact, spelled out in terms of family and caste duties: it is primarily kula-jāti dharma? But these forms of dharma belong to the grhastha stage of āšramas, and so are part only of the

^{8.} Church structures have always reflected the ambient social order. As J. Gilchrist remarks, a propos the mediaeval church: "A number of studies suggest that the clergy at all times reflect the general social order. We are familiar enough with the feudalization of the Church to realize this". Not only did the mediaeval clergy conform to their secular peers (so that the prior of a monastery was socially a baron and the monks a squirearchy but it was, Gilchrist suggests, precisely the recruitment of sons of merchants into the clergy that "enabled the Church to pass from its compromise with feudalism to a compromise with capitalism"— J, Gilchrist, The Church and Economic Activity in the Middle Ages (London: Macmillan, 1969) 135-36.

^{9.} Cf. B. Kuppuswami, Dharma and Society: A Study in Social Values (Delhi: Macmillan, 1977) 22

individual's pilgrimage towards liberation. He must indeed pay his 'debts' to family, society and the cosmic order, without which his existence would be impossible. 10 But his ultimate aim is to transcend all these. Ideally, the householder will become the hermit, and the hermit become the wholly uncommitted wandering ascetic (sannyāsin). The true goal of the puruṣārthas is thus not a 'classless society' but a 'classless individual' one who has 'transcended all distinctions and diversities of caste and creed, race and colour" and who "does not even belong to a Religion and disowns the authority of the State"... And if today such a 'classless individual' is proposed as the basis of a classless society, 12 because (it is said) in "man perfected" (the jīvanmukta of the Vendatins or the st thpraiña of the Bhagvadgita) the inward movement towards self realization having reached its goal will reverse itself into an outward movement towards the world, using "the moral and spiritual force it has acquired to lead the world to its perfection". It this is surely the result of interaction with the social values of the 'Christian' West. It is not characteristic of classical Hinduism, for which the supreme value has always been the "complete freedom" which comes from "immunity to the pressures and pulls of desire for objects of various kinds and for approval of others". 14 and in which the social goal is not a 'classless society' but a few 'free' individuals living on the margins of a rigid and highly stratified social structure.

^{10.} Chakladar, "Social Life" (n. 6 above) 167: "the path of duty (dharma) lies through the discharge of debts which a person owes to all about him to his fellows in the community, to his forefathers, to all sentient beings... We find this sense of debts working in the Indian mind at all stages of the evolution of Indian civilization".

^{11.} N. A. Nikam, "Individual and Society in Indian Thought", in *Indian Philosophical Annual, Volume Six*, ed. T. M. P. Mahadevan (Madras: Centre of Advanced Study in Philosophy, University of Madras, 1970) 43.

^{12.} Ibid.,: "The test of a 'classless' society is whether it creates a 'classless' individual".

^{13.} B. G. Gokhale, Indian Throught Through the Ages: A Study of Some Dominant Concepts (Bombay: Asia Publishing House, 1961) 213.

^{14.} N. K. Devaraja, "Indian Values", in *Indian Philoso*phical Annual, Volume Six (n. 11 above) 54.

B. The Purusarthas and the Christian Religious Vows

We come here to a very basic difference between the two traditions, one which makes any search for equivalents to the purusarthus of classical Hinduism in the teachings of Jesus risky. Correspondences that we may find are bound to be misleading, because they will refer to wholly different ways of thought. In any case, the New Testament belongs to a more immediate (and therefore to a less conceptualized) expression of religious experience than do the aharmosastras in which the purusarthas have been formulated. We cannot hope to find in the New Testament a formulation of the 'goals of life' as neat and systematic as the one which the purusarthus of classical Hinduism offer. What one does find in the New Testament, and in the teachings of Jesus in particular, is a vision of man and society in which such goals are implicit. 5 These have been spelled out in later Christian tradition in terms of the three 'ideals' or 'religious vows' of poverty, chastity, and obediencewhich correspond strikingly to the first three of the prusarthas of classical Hinduism. 16 Traditionally these three ideals have beer, institutionalized (in the pre Reformation Churches at least) into religious 'vows' which define the status of the specialized group of 'religious'. But they designate in fact, the goals of all Christian existence. For religious life in the Christian communities is not a specifically different type of existence, but is merely Christian life (the following of Jesus') lived out in all its radicalness. What is true of religious life (and of the 'vows' which define it) will be true essentially of Christian existence as such. An exploration of these 'ideals' or 'vows' of the Christian religious life, against the background of the purusarthas of classical Hinduism may help, then, to throw light on the meaning and the goals of Christian existence.

^{15.} Cf. Carl E. Braaten, The Flavning Center: A Theology of Christian Mission (Philadelphia: Fortress Press, 1977) 134.

^{16.} The correspondence is not accidental. Both purvsārti as and 'vews' refer to the constitutive dimensions of a human existence: a person's relation to himself, to the other, and to the world—cf. Edward Pousset, "Human Existence and the Three Vows", Review for Religious 29 (1970) 211-37.

^{17.} Cf. Vatican II, which in its decree on the renewal of religious life (*Perfectae Caritatis*). n. 2, proposes that "the fundamental norm of religious life is the following of Christ as proposed by the gospel".

a) Poverty or Artha?

The Gospels repeatedly demand the renunciation of possessions and of family ties as an indispensable condition for the following of Jesus (Mk 1, 16-20; 10, 12 21). Riches are strongly condemned as a mortal danger to salvation (Mk 10. 25). An abundance of possessions, it is urged, is no guarantee of a meaningful or a secure life (Lk 12, 13 21). Mammon is set in categorical opposition to God (Mt 6, 24).

This sustained warning against riches is not to be taken as a condemnation of material possessions as such, as if material things were a source of spiritual contamination. This is an idea deriving from gnostic dualism which may have infected some early Christian groups such as the Ebionites, but has little to do with the New Testament or with Jesus. There is no such 'asceticism' in the teaching of Jesus, who comes expressly "eating and drinking" (Mt 11, 18), and drawing lessons from 'the birds in the sky and the wild flowers in the field' (Mt 6, 26 30) - enjoying, that is, to the full, the bounty and the beauty of nature Rather, Jesus points to the ultimate triviality of all material things in face of the overwhelming reality of the revelation of God's love which is the 'Kingdom' (Mt 6, 33): and he warns against the obstacles that riches (material possessions accumulated as a source of security. comfort and power) can put in the way of experiencing God's love (Lk 12.13 21) and of exercising inter-human concern (Lk 16. 19 31). Ultimately, it is freedom from the tyranny of possessions and the attitude of absolute trust in the providence of the Father that Jesus demands.

This demand of Jesus seems to have evoked little response in the post-Constantinian Church. 19 In their attitude

Note Dante's perceptive comment on the effect of Constantine's conversion on the Church. In his Inferno, XIX, 115-17 (Dorothy Sayers' translation) he complains:

^{18.} Cf. Helmut Thielicke, Theological Ethics, Volume I (London: Black, 1968) 435: "The unity of man and the cosmos is regarded as so far reaching [in the New Testament] that there can be no thought of innocent man being led into evil by the badness of the world. That would be the view of Gnosticism according to which man, belonging to a divine and transcendent sphere, stands over against the fallen and anti godly world".

Ah Constantine! What ills were gendered there -No, not from thy conversion, but the dower The first rich Pope received from thee as heir,

towards artha the Christian churches have been curiously ambivalent. They have proclaimed indeed vigorously the value of a simple life, lived in total dependence on the providence of God, and have attempted to realize this in the lives of individual religious, vowed to poverty, and often inspired by a strongly 'ascetical' reaction to the worldliness of a 'secular' Church. 20 But they have practised massive accumulation of institutional wealth all through the Middle Ages, when the monasteries were 'incomparably the greatest landowners in Western Europe", 21 and the Papacy waxed fat on feudal dues and extensive ecclesiastical taxation;29 while in modern times they have adjusted comfortably to the having-mode of bourgeois society, in which "the attainment of riches is the supreme object of human endeavour and the final criterion of human success". 23 Compromise is as impossible between the Church of Christ and the idolatry or riches which is the practical religion of capitalistic societies", R. H. Tawney suggests, "as it was between the Church and the State idolatry of the Roman Empire". 24 But the Christian Churches seem to have achieved this compromise without too much trouble.

b) Chastity or Kama?

On sexual and emotional satisfaction as a goal of life (kāma) too, Christianity seems to have followed a rather winding path. Jesus himself stands squarely in the down-to-earth tradition of the Old Testament, which, in spite of the persistence of primitive taboos and of the male dominated attitudes of a patriarchal society, remained basically positive towards human sexuality: accepting it as a reality created by God and therefore good, though not sacred. 25 This positive, matter-of-

^{20.} Friederich Heer, The Mediaeval World, trans. Janet Sondheimer (London: Sphere Books, 1974) 59: "Asceticism was the positive response of monasticism to the world outside: its rigours were intensified to match the increasing violence and affluence of secular life".

^{21.} David C. Douglas, "The Development of Medieval Europe" in Edward Eyre (ed.), European Civilization, Volume III (Oxford University Press, 1935) 241.

^{22.} Ibid., 206-208 Cf. also the Introduction to Contemporary Civilization in the West: A Source Book, prepared at Columbia University (Columbia University Press, 1946) Vol. 1, 14-19.

^{23.} R. H. Tawney, Religion and the Rise of Capitalism (Narmondsworth: Penguin Books, 1938) 253.

^{24.} Ibid

^{25.} O. J. Baab, art. "Sex, Sexual Behaviour", in IDB IV (Nashville: Abingdon, 1962) 296-301.

fact acceptance of sexuality shines clearly through the relatively few sayings of Jesus on sex and marriage that we find in the Gospels (Mt 5, 27f; 5, 321; 19, 10 12; Mk 7, 22; 10, 2 12). The sayings are remarkable for their dispassionate openness and balance. They show no sign of prudery in their plain unvarnished utterance (cf. Mt 19, 12); and are far from that neurotic preoccupation with sex that will characterize so much later Christian teaching. Marriage is affirmed as an intimate inter-personal relationship ("the two shall become one person") in which man and woman find the natural fulfilment intended for them by God (Mk 10, 6-8). And though Jesus is himself a celibate defending his celibacy as an option for the Kingdom (Mt 19, 12), 3 and has disciples who have left home and perhaps family to follow him (Mk 10, 28-31 = My 19, 27 30 = Lk 18, 25 30), there is no suggestion that celibacy is the indispensable condition for following him; nor that it is in any way superior to marriage.

For the sexual ethic of Jesus (what little there is of it) is solidly rooted in an ethic of love. It is always inter-human concern that is central and determines ethical priorities. That is why Jesus will dine with tax collectors and prostitutes (Mk 2, 15; Lk 7, 36-50; Mt 21, 31) but excoriate the self-righteous Pharisees who "neglect justice and the love of God" (Lk 11, 42); he will, with exquisite tact, refuse to condemn a woman caught in adultery (Jn 8, 1 11), but solemnly curses the religious leaders of the people who sit indeed on "the chair of Moses" (and so exercise an official magisterium), but use their authority for self advancement at the expense of the ignorant and the powerless (Mt 23, 13-36).

Such concern leads Jesus to break new ground even in the very little he has to say on human sexuality. As against the decidedly inferior status given to women in the Old Testament and in rabbinic Judaism, ²⁷ he affirms powerfully the equality of women, through word and through deed. His teachings on divorce challenges the 'double standard' obtaining in the Jewish society of his times, which demanded virginity of a bride (cf. Mt 1, 18 25) but not of the bridegroom; and which

27. Cf. C. G. Montesiore and H, Loewe, A Rabbinic

Anthology, (New York: Schocken Books, 1974) 507.

^{26.} Josepf Blinzler suggests that the original setting of the saying was probably an attack on Jesus made by opponent) who ridiculed his unmarried state (unusual in Jews at the timsf by calling him a eunuch. Jesus replies that there are eunuchs and eunuchs! — cf. his "Eisin eunochoi". Zur Auslegung von Mt 19, 12", ZNW 48 (1957) 254-70.

allowed a man to send away his unwanted wife without too much trouble, but not a woman to divorce her husband. 28 Jesus demands fidelity from both sexes, basing his demand not on some formal precept of the law but on the enduring character of human marital love itself (Mk 10, 2 12).

Towards women his own behaviour is free, secure and uncondescending - uninhibited by sexual anxieties or fears of what people might think (Jn 4, 27), and untainted by any attitude of male superiority. Women were his associates in his mission (Lk 8, 1 3), his trusted and loyal disciples (Mk 15, 40f; 15, 47; 16, 1 8) his close friends (Lk 10, 38 42; Jn 11, 5).29 In a society where women were excluded from public life and worship, possessed no rights to property, and were entirely subject to their fathers when young and to their husbands when married,30 this attitude of Jesus, "mild as it may seem to modern readers - or even reactionary". must have come with a shattering impact.31

It did not take long for the followers of Jesus to arrive at an attitude towards human sexuality very different from his. Already in the letters of Paul we notice the difference. Though Paul remains basically faithful to his Jewish tradition as interpreted and perfected by Jesus, his attitude towards sexuality is more cautious than Jesus' was. He defends indeed the legitimacy of marital intercourse against gnostic movements appearing in Corinth which called, apparently, for complete sexual abstinence among Christians (1 Cor 7, 1-7); and in Ephesians (which is Pauline even if not from Paul) proposes the union of man and woman in marriage as a symbol of the union of Christ and the Church (Eph 5, 21-33). But Paul himself announces his preference for celibacy which, in view of "the impending distress" (the time of eschatological troubles Paul was expecting), allowed, he believed, for greater religious commitment (1 Cor 7, 32-35). 32 And while he clearly

^{28.} Joachim Jeremias, Jerusalem at the Time of Jesus (London: SCM Press, 1969) 370.

^{29.} Cf Anthony Kosnik and others, Human Sexuality: New Directions in Catholic Thought (London: Search Press, 1977) 19-20. 30. Jeremias, Jerusalem (n. 28 above) 359-76.

^{31.} Charles R. Taber, art. "Sex, Sexual Behaviour", in IDB Supplementary Volume (Nashville: Abingdom, 1976) 817-19.

^{32.} Cf. Francis X Cleary, "Women in the New Testament: St. Paul and the Early Pauline Churches', Biblical Theology Bulletin 10 (1980) 78-82, for a fine discussion of the attitude to women in 'authentic Paul' (Gal and 1 Cor), 'rewritten Paul' (Eph), 'ghost-written Paul' (1 Tim) and 'interpolated Paul' (1 Cor 14, 33-35).

affirms the equality of men and women in the new Christian dispensation (Gal 3, 28), he can still uphold the traditional Jewish view that a wife is subordinate to her husband (1 Cor 11, 3), and that women are to be excluded from an active role in public worship (1 Cor 1, 34),33

But it is with the Hellenization of early Christianity (the perils of 'inculturation'!) that a negative view of human sexuality begins to dominate Christian theology. Both the Stoicism of the early Western Fathers and the Neo-Platonism or the later ones tended to depreciate sexuality - Stoicism because sexual pleasure came in the way of apatheia, the state of passionlessness proposed by the Stoics as the supreme ideal for the human person and Neo-Platonism because it regarded sex as part of the material reality from which the spiritual soul (imprisoned in matter) was struggling to escape. Even Clement of Alexandria (2.4 A. D.), otherwise a strong defender of marriage against ascetic rigorism, allows the 'true gnostic' marital intercourse "only in order to obtain children, not to satisfy lust". And with Augustine (+430 A. D.) bedevilled by his own guilt ridden sexual history and his long dalliance with Manichaeism (both leading him to an extremely pessimistic view of 'fallen' mankind), aversion to sexual pleasure reaches a point where every sexual act not explicitly intended for pro-creation is judged sinful.35

The enormous influence of Augustine on subsequent Christian theology, accentuated by the celibate prejudice which inevitably coloured a moral theology elaborated until recently by celibate cleries, has maintained and even augmen-ted this fear of sexuality, which shows itself in the Roman Catholic communion in an exaggerated evaluation of celibacy

34. Stromateis, 6.12.100.3 - cited in Eric Osborn, Ethical Patterns in Early Christian Thought (Cambridge University Press,

1976) 64.

^{33.} Cf. Neal M. Flanagan, "Did Paul Put Down Women in 1 Cor 14, 34-36", Biblical Theology Bulletin 11 (1981) 10-12 for a good introduction into the problems of this much discussed passage.

^{35.} Cf. Augustine, The Good of Marriage, VI. 6: "In marriage, intercourse for the purpose of generation has no fault attached to it, but for the purpose of satisfying concupiscence, provided with a spouse, because of the marriage fidelity, it is a venial sin(!); adultery or fornication however, is mortal sin. And so, continence from all intercourse is certainly better than marital intercourse itself which takes place for the sake of begetting children" - quoted in Donald Georgen, The Sexual Celibate (New York: Seabury Press, 1974) 40.

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(so that celibacy becomes the indispensable condition for all ecclesiastical office!), and, elsewhere too, in an obsession with sexuality that gives a disproportionate importance to sexual sins. "Most moralists", writes Bertrand Russel, "have been so obsessed by sex that they have laid too little emphasis on other more socially useful kinds of ethically commendable behaviour". 36 Sexual deviation, not social exploitation has till very recently been the consuming interest of Christian moral theology — a curious inversion of the priorities of Jesus!

c) Obedience or Dharma?

In his attitude towards the religious and ethical observances of his people (their dharma) Jesus shows remarkable freedom and flexibility. He associates with religious outcasts much to the scandal of the pious (Mk 2, 15-17; Lk 15, 1-2). His repeated violation of the Sabbath rest so arouses the rage of the law-obsessed Pharisees that they are prepared to put him to death (Mk 3, 1-6): His disciples do not fast (Mk 2,18), nor do they observe the laws of ritual cleanliness (Mk 7, 1-2) - and Jesus defends them vigorously, arguing against the need for bodily asceticism in the new age of messianic joy he has inaugurated (Mk 2, 18-22),³⁷ and rejecting out of hand all distinctions between 'clean' and 'unclean', because these derive from an unwarranted dualism which separates areas in the world which are 'sacred' from others which are 'profane'. 18 The Sabbath is made for man not man for the Sabbath (Mk 2, 27); nothing is in itself unclean (Rom I4, 14 referring to Mk 7, 15); mercy is more important than sacrifice (Mt 9,13)—these are some of the great liberating principles enunciated by Jesus, in which law and cult are radically subordinated to love. It is love of God showing itself in love for neighbour which, according to Matthew, is the "basis of all the law and the prophets" (Mt 22,40); and which, according to Mark, is "much more than all whole burnt offerings and sacrifices" (Mk 12,33) Law is valid only inasmuch as it is an expression of God's will which is not just our 'peace' but our 'well being'. For what

^{36.} Bertrand Russel, Why I am Not a Christian (London: Unwin Paperbacks, 1977) 122.

^{37.} Note how fasting is re-introduced by the post-Easter community and justified by the addition of v. 20 (a clear community expansion) to the original saying of Jesus.

^{38.} Cf. Bernard Häring, Free and Faith ful in Christ, Volume I (Middlegreen: St. Paul Publications, 1978) 100 for the dangers inherent in the separation of the realm of the sacred from that of the profane.

God wills is inter-human concern (Jn 13,33; 15,12). Cult is meaningful only as a celebration of love and not as an alibi for social neglect (Mt 9,13; 12.7) Formal obedience to the law as a set of static, unchanging ethical and ritual precepts is replaced, by Jesus with radical obedience to the will of God, which cannot be codified, but which demands through careful attention to the signs of the times the constant discernment of what is the most loving thing to do.39

The community of Jesus finds it difficult to live up to such radical obedience and quickly lapses into much the same sort of legalism and ritualism that Jesus so strongly attacked. The Sabbath comes back in force, imposing its heavy burden of 'mortal sin' on those who 'miss Sunday mass' or do 'servile work'. Laws proliferate, regulating in minute detail forms of clerical dress and shapes of ritual action and defining with absolute precision what is permitted and what is not in the fields of social and sexual morality.40 All is grist to the moralists mill! An intense casuistry develops, rivalling in ingenuity the intricate halakhic midrash of the rabbis. And if the rules of ritual cleanliness are finally abandoned (not without a struggle-cf Gal 2.11 14: Rom 14.1-23), a new ritualism creeps in as meticulous as the old.

Sacral places re-appear, so that God is no longer wor-shipped "in spirit and in truth" (that is, through a cult validated not by the sanctity of the place in which it is performed, but by the presence of the spirit in the community of worshippers),41 but in 'consecrated' sanctuaries'—new Jerusalems and Gerizims! Sacral persons, unknown in the New Testament (where no Christian minister is ever called a hiereus or sacerdos, in the sense of a sacred person 'set aside' for worship),42 appear again complete with titles (like Pontifex Maximus), derived from the pagan Roman cult. Rituals are elaborated, solidify and develop a momentum of their own, persisting long after their symbolism is forgotten-so that, because of an ill-formulated and badly understood theory of ex opere operato, which locates the efficacy of a ritual in the ritual

^{39.} Cf. my "The Dharma of Jesus: An Interpretation of the Sermon on the Mount", Biblebhashyam 6 (1980) 358-81 (sp. 375-78); and Rudolf Bultmann, Jesus and the word (London: Fontana 1958) 58-67.

^{40.} Cf. Häring, Free & Faith ful (n. 38 above) 45-49.

^{41.} Raymond Brown. The Gospel According to John, Vol. I (New York: Doubleday, 1966) 180.

^{42.} Cf. G. Schrenk, art. "Hiereus", in TDNT III (Grand Rapids: Eerdmans, 1965) 263-65.

action itself, they become quasi magical rites in which the appropriate gesture and correct work ('matter and form') are believed to produce the desired effect, independently of the disposition of the 'minister' or the involvement of the participant.⁴³ Radical obedience to God's will manifested in the 'signs of the times' is replaced by formal conformity to fixed unchanging ethical and ritual laws.

C. The Meaning and the Goals of Christian Existence

This development of the Christian 'Ideals', due largely to the over institutionalization of the original Christian charism, has succeeded in domesticating even the religious - supposedly the prophetic leaven living in creative and challenging tension with the institutional Church.45 It has tended to obscure the real significance of these religious ideals as indicators of the meaning and the goals of Christian existence. For, properly understood, these 'ideals (poverty, chastity, obedience)do not define negative attitudes. They are not designations of an ascetic lifestyle with its 'contempt for the world', its aversion to sexuality, and its fear of freedom'. Whatever may be the way in which they have been and continue to be understood and lived, they are, in fact, highly positive in their orientation. They are expressions of the specific Christian freedom (the "glorious freedom of the children of God" of which Paul speaks in Rom 8, 21) which derives from the core Christian experience of God's unconditional love.

The core religious experience of the Christian is his experience of the absolute as love: in Gospel language, the experience of God as abba, 'dear Father'. This experience is radically liberating It 'fulfils' a person, satisfying his basic human needs of acceptance and achievement, the need to be loved and to love. The person liberated by this experience of

43. Cf. Louis Bouyer, Rite and Man: The Sense of the Sacrat and Christian Liturgy (London: Burns & Oates 1963) 58-59.

45. Cf. Johannes B. Metz, Followers of Christ: The Religious Life and the Church (London: Burns & Oates, 1978) 11-17.

^{44.} Cf Häring, Free & Faithful (n. 38 above) 46-47: "When the patristic and medieval tradition on natural law was presented in this new framework, it became deeply affected by a legalistic tendency. The emphasis was no longer on the law inborn in man and discovered by conscience in the reciprocity of consciences, but rather on the authoritative decision of what natural law prescribes for all people of all times".

^{46.} Joachim Jeremias, New Testament Theorogy, Volume I (London: SCM Press, 1971) 67-68.

the unconditional love of God is freed (as the jivanmukta is freed by the realization of his identity with the absolute and his nonidentity with the empirical self) from the tyranny of persons and things. He no longer needs to look for fulfilment through possessing things, or clinging to emotional attachments, or by asserting himself. Love has relativized all. He has passed from the having mode to the being-mode of existence.⁴⁷ He is spontaneously 'poor', 'chaste', obedient'. He is truly free.

But his freedom does not stop here. Such 'freedom from' is, in the perspective of the New Testament, only the first moment in the dialectic of freedom, which to be complete must reach beyond this moment of self-fulfilment to the fulfilment of others. There can be no genuine individual freedom without communitarian and societal liberation as well - for no man is an island, but is always part of the main. The 'freedom from' which results from the core experience of love is equally a 'freedom for love. Paul has expressed this splendidly in his striking dialectic of freedom and slavery. You were called to freedom, brothers and sisters", he writes to the Christians of Galatia, "only do not let this freedom become an occasion for selfindulgence, but through love be slaves of one another" (Gal 5, 13); And of himself too he can say: for though I am free from all men, I have made myself the slave of all, in order to win over as many as possible" (1 Cor 9, 19). One becomes free in order to (freely) make oneself a slave! To be a 'free slave" is, in understanding of the New Testament, the paradoxical definition of a fulfilled human existence.

The ultimate basis for this understanding of human existence is the biblical vision of the human person and of the world he lives in. The human person in the Bible is essentially communitarian. He is a relational being, finding his identity only as a member of the group to which he belongs, ultimately only as part of the whole human race. That is why 'man' (hā 'ādām) in the Bible is also 'mankind', and why the feature most used to refer to him is his 'face' (pānin), since it is this that best expresses "man's turning towards another"; and since the plural from in which it is always used (panim is the plural of paneh) reminds us of "the manifold ways in which man gives attention (pnh) to his counterpart".13

So understood, mankind is for the Bible the crown and the centre of the world he lives in. This world is experienced

48. Hans Walter Wolff, Anthropology of the Old Testament (London: SCM Press, 1974) 74.

^{47.} Erich Fromm, To Have and to Be (London: Jonathan Cape, 1978) 1-12.

as 'creation', that is as a continuing movement from chaos to cosmos, wholly dependent on the power and will of God The biblical universe is not a stable organized system (like the universe of Ptolemy), but (rather like the universe of Einstein!) a precarious process in which order progressively emerges from disorder as the powerful forces of chaos are steadily pushed back. And since the Bible does not make a sharp distinction between nature and history, this movement from chaos to cosmos is projected into the history of mankind. Human history continues creation, or equivalently, creation is the 'beginning' of the saving history of mankind. Both are moments in a single movement from chaos to cosmos, leading up to the final liberation of 'man'; that is, to the emergence of a liberated human community living in perfect harmony with itself and with the world it inhabits (Is 11, 19; 65, 17-25; Rev 21, 14).

In this dramatic process of 'creation', mankind has a central place. Not only is the human community the summit of creation, it is also its principal agent. This is expressed emphatically in the extraordinarily beautiful creation myth of Gen 1, 1-2, 4 in which the Priestly author of the Pentateuch, writing to a people plunged into the 'chaos' of the Babylonian exile assures them of ultimate triumph by affirming that mankind has been created in the 'image and the likeness' of God, in order to take control of the world which has been fashioned for him.

So God created man in his own image, in the image of God he created him; male and female he created them.

And God blessed them, and God said to them:

'Be fruitful and multiply
and fill the earth and subdue it;
and have dominion over the fish of the sea
and over the birds of the air
and over every living thing that moves
upon the earth.

(Gen 1, 27-28)

It is evident that this "central kerygmatic assertion" of the Priestly tradition, ⁴⁹ speaks primarily of a task entrusted to mankind. However one understands the rather obscure designation of "image" (selem) and "likeness" (demut), ⁵⁰ it is clear

^{49.} Walter Brueggemann, "The Kerygma of the Priestly Writers", ZAW 84 (1972) 400.

^{50.} For a short but competent discussion of the various ways in which the expression has been understood, cf. Oswald Loretz Schöpfung und Mythos (Stuttgart: KBW, 1968) 66-69.

that the "text speaks less of the nature of God's image than of its purpose: there is less said about the gift itself than about the task". 51 The commission to exercise dominion over the world is at least a consequence if not indeed the actual content of mankind's assimilation to "the image and the likeness" of God. 52 This commission is entrusted to mankind. not to individual men (for 'dominion over the world is not to be made over to great individuals but to the community"),53 and indeed to mankind as "male and female" - an astonishing affirmation of the value of human sexuality and of the equality and complementarity of the sexes. It is given too in the form of a blessing, formulated in five verbs (be fruitful, multiply, fill the earth, subdue, have dominion), which, for all their danger (not unrealized) of inculcating in mankind an aggressive, demiurgic attitude towards nature, are yet a great charter of responsibility and hope. For the verbs affirm God's immutable intention to "establish his will for [mankind's] well-being and prosperity" and they entrust mankind with the responsibility of working out this intention of God.54

This call to enter actively into the process of creation as God's agent in 'humanizing' the world is an essential dimension of human existence, as the Bible understands it. At the depth of his being each human person experiences the summons to "co-create with God a community of ordered life". 55 The Christian 'ideals' of poverty, chastity and obedience, then, cannot be taken as merely negative affirmations of a person's freedom from the bondage of attachment to persons and things. They are primarily conditions of availability, making it possible for a person to dedicate himself to the compelling task of creating a more human world. "Man's life", writes Charles Curran, "does not come to him as a completed whole, but, rather, man has the task and vocation of becoming more of a man and making more human the world in which he lives."56 It is in this task of making a more human world

^{51.} Gerhard von Rad, Genesis (London: SCM Press, rev. ed. 1972) 59.

^{52.} Wolff, Anthropology (n. 48 above) 160: "It is precisely in his function as ruler that he is God's image".

^{53.} Ibid., 161.

^{54.} Brueggemann, Priestly Writers" (n. 49 above) 401.

^{55.} Michael H. Crosby, Spirituality of the Beatitudes: Matthew's Challenge for First World Christians (New York; Orbis Books, 1981) 13.

^{56.} Charles Curran, quoted in Häring, Free & Faith ful (n. 38 above) 100.

that the ultimate goal of human existence here and now (as the Christian sees it) is to be found. For this task is merely the spelling out of the 'love-commandment' (Mk 12, 28-34; Jn 13, 34), which defines the supreme value of Christian life. Indeed, in the light of this commandment, one might well ask whether the quest for 'Christian purusārthas' is meaningful at all. For it is the great paradox of the Christian way that a person finds his life (and so achieves his life-goals), only when he is prepared to lose it (Lk 17, 33)!

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DISCUSSION FORUM

Has Panikkar Rightly Understood Rahner?

The dialogue between Raimundo Panikkar and Abraham Koothottil published under the title "Man and Religion: A Dialogue with Panikkar" (Jeevadhara, Theology Centre, Kottayam, India, January February 1981, vol. XI, No. 61, pp. 5-31) is indeed informative and interesting. From reading Panikkar's occasional reference to and criticism of Rahner's concept of anonymous Christianity", I got the impression that Panikkar has not properly understood Rahner on the matter.

Panikkar says: "[....] I told Rahner a few years ago in a meeting as he spoke for the first time of anonymous. Christianity, that I could accept the thrust of all what he said provided he accepted also that he was an anonymous Buddhist." (*Ibid.* p. 20)

At the first glance Panikkar's position seems to carry weight and reason. But on close observation his position begins to lose ground. Let us pay special attention to the condition put forward by Panikkar, namely, provided Rahner accepted also that he (Rahner) was an anonymous Buddhist (Cf. ibid). The way the adverb 'also' is used in his statement seems to be generously vague and slightly misleading. An ordinary reader who may not be an expert in English could understand

it in two ways. In either case the suggested implication is wrong. The 'also' in the above context could be understood as implying:

- a) that Rahner has demanded a similar act of acceptance from the part of non-Christians as to their being anonymous Christians. But Rahner has not done it and will never do it for reasons to be shown later.
- b) that Rahner should accept himself as an anonymous Buddhist besides his accepting himself as a Christian. But such a double acceptance would imply for Rahner a self contradiction. How could then Panikkar ask Rahner to accept a self-contradictory statement unless owing to lack of correct understanding of what Rahner really meant?

Before proceeding further let us keep in mind that Rahner's concept of anonymous Christianity is the outcome of his attempt to reconcile two Christian beliefs, the belief in Christ as the unique saviour of mankind on the one side and the belief in God's universal salvific will on the other side, taking into consideration the existence of innumerable non-Christians and non-Christian religions. Somebody who does not or will not accept the concept of anonymous Christianity, without at the same time suggesting the possibility of another way of reconciling the above two beliefs, is really questioning either both of the beliefs or at least one of them.

According to Rahner "anonymous Christianity" is not a concept meant fir non-Christians, but about non-Christians. It is a concept developed by him in order to explain to himself and to his fellow-Christians who can share with him the above mentioned two Christian beliefs, the 'How' of the possibility of salvation for non-Christians. We could say that it is an inter nos concept. Rahner would therefore never ask a non-Christian to accept that he is an anonymous Christian. He is not going to tell a non-Christian: "You are an anonymous Christian. You have to accept it." But if a non-Christion can attain salvation, then he cannot but be an anonymous Christian: that is the way how Rahner would conceive of it. Let us here note the difference between the two ways of expressions with the you and the he sentences.

Let us now suppose that the Buddhists would believe in Buddhism as the unique way of salvation for human beings and at the same time would accept the possibility of salvation for non-Buddhists. If this were so, and only then, a Buddhist who would think over the matter could reasonably consider the non-Buddhists who would be saved as anonymous Buddhists. One who thinks logically could not object to it, though one

could question the belief of the Buddhists. Now if a Buddhist would tell me directly that I am an anonymous Buddhist-only then I would know for certain that I am considered so - then I might thank him for his optimistic appraisal of myself. I would be for him somebody on the right path to salvation. The atmosphere changes if he asks me to accept myself as an anonymous Buddhist. So long as I believe in Christ as the unique saviour and mediator of mankind, as the only Son of God and the only way to the Father, I cannot accept myself as an anonymous Buddhist thereby contradicting my belief in the unique salvific role of Christ.

If someone would believe in many Divine Saviours then he would not need either the concept of anonymous Christianity or the concept of anonymous Buddhism in order to understand the salvation of non-Christians or of non Buddhists as the case may be. It is precisely because Rahner believes in Christ as the only mediator of salvation for each and every human being that he postulates and advocates the concept of anonymous Christianity.

Lastly, there seems to be a flaw in Panikkar's thinking when he is said to have "retorted" Rahner by telling him that if Rahner did not know much about Buddhism "he should not call a Buddhist an anonymous Christian either" (ibid). As far as I know, Rahner has never claimed "much" knowledge about other religions, let alone Buddhism, as the ground for his calling anybody, if at all, an anonymous Christian. It is not the "much" knowledge about other religions, but the "much" knowledge of his own religion that provides Rahner with the substratum of his concept of anonymous Christianity.

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